

Too Much Worry

拍数: 64 墙数: 4 级数: Easy Intermediate
编舞者: Sylvie Fournier (FR) - August 2021
音乐: Too Much Worry - Doug Adkins : (CD: A cowboy's life - 2021)



Trad: Sylvie Fournier

Intro : 32 counts

***VINE RIGHT, TOUCH, STEP, 1/ 2 TURN RIGHT, STEP, 1/ 2 TURN RIGHT :**

1 - 2 step R to right side, cross L behind R
3 - 4 step R to right side, touch L next to R
5 - 8 (step L forward, pivot 1/ 2 turn to right) x2

***VINE LEFT, TOUCH, STEP, 1/ 2 TURN LEFT, STEP, 1/ 2 TURN LEFT :**

1 - 2 step L to left side, cross R behind L
3 - 4 step L to left side, touch R next to L
5 - 8 (step R forward, pivot 1/ 2 turn to left) x2
Restart here on wall 3

***STEP LOCK STEP, SCUFF, STEP LOCK STEP, SCUFF :**

1 - 4 step R forward, cross L behind R, step R forward, scuff L heel forward
5 - 8 step L forward, cross R behind L, step L forward, scuff R heel forward

***ROCKING CHAIR RIGHT, STEP, 1/ 8 TURN LEFT, STEP, 1/ 8 TURN LEFT :**

1 - 2 rock forward on R, rock back on L
3 - 4 rock backward on R, rock back on L
5 - 6 step forward on R, pivot 1/8 turn to left
7 - 8 step forward on R, pivot 1/8 turn to left

***SLIDE, TOUCH & CLAPS, SLIDE, TOUCH & CLAPS, BACK X3, TOUCH & CLAP :**

1 - 2 slide R forward diagonally to right, touch L next to R clapping hands
3 - 4 slide L forward diagonally to left, touch R next to L clapping hands
5 - 6 step back R, then L,
7 - 8 turning to face 12.00, step back R, touch L next to R clapping hands

***STEP with 1/ 4 TURN LEFT, TOUCH & CLAP, BACK With 1/ 4 turn LEFT, TOUCH & CLAP, STEP with 1/ 4 TURN LEFT, TOUCH & CLAP, SIDE, TOUCH & CLAP :**

1 - 2 pivot 1/ 4 left stepping L forward, touch R next to L clapping once
3 - 4 pivot 1/ 4 left stepping R back, touch L next to R clapping once
5 - 6 pivot 1/ 4 left stepping L forward, touch R next to L clapping once
7 - 8 step R to right side, touch L next to R clapping once

***SLOW COASTER STEP, STOMP, DIG OUT OUT IN IN :**

1 - 2 Step back L, together R
3 - 4 step forward L, stomp R next to left
5 - 6 put L heel forward left, put R heel forward right
7 - 8 bring L back center, then R

***STEP, SLAP, BACK, SLAP, STEP, TOGETHER, CLAP, CLAP :**

1 - 2 step L forward, slap R foot behind left leg with left hand
3 - 4 step R back, slap L foot in front of R leg with R hand
5 - 6 step L forward, touch R next to L (keep weight on L)
7 - 8 clap hands twice

Start againand dance with a smile !!

Restart : At the beginning of wall 3, dance step 1 to 16 then start again

And don't forget to respect the line dancing etiquette !!

Note : Some people don't like the double 1/ 2 turns (makes them dizzy) in the first sections, you can do a rocking chair instead

*You can do a "heel split -together" while you do the last double hands clap,

*Add any other variation that you like, to have fun !!.....

Code :

R = right foot

L= left foot

Right = right direction

Left= left direction

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