

Sweet Heart Twist

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Ernie Yin (INA) - November 2021
音乐: Big Blue Tree - Michael English



Intro : 16 count - No Tag No Restart

I. CHARLESTON STEP 2X

1 2 Touch Rf forward - Step Rf backward
3 4 Touch Lf backward - Step Lf forward
5 6 Touch Rf forward - Step Rf backward
7 8 Touch Lf backward - Step Lf forward (12.00)

II. JAZZ TURN 1/4 R 2X

1 2 Step Rf forward - Step Lf backward
3 4 Turn 1/4 right Step Rf to R side - Step Lf forward
5 6 Step Rf forward - Step Lf backward
7 8 Turn 1/4 right Step Rf to R side - Step Lf forward (06.00)

III. SIDE TOE STRUTS - TWIST HEELS 2X

1&2& Touch Rf toe to R side - Step down Rf - Touch Lf cross over Rf - Step down Lf
3 & 4 Swivel both heels to right - Swivel both toes to right - Swivel both heels to right (weight on Rf)
5&6& Touch Lf toe to L side - Step down Lf - Touch Rf cross over Lf - Step down Rf
7 & 8 Swivel both heels to left - Swivel both toes to left - Swivel both heels to left (weight on Lf)

IV. PIVOT 1/2 L - PIVOT 1/4 L - WALK 1/2 L

1 2 Step Rf forward - Turn 1/2 L Step on Lf (12.00)
3 4 Step Rf forward - Turn 1/4 L Step on Lf (09.00)
567 8 Walk around turn 1/2 L with R-L-R-L (03.00)

Happy dancing ...
Stay safe ...
Stay healthy..