

Down to One (P)

拍数: 32 墙数: 0 级数: Intermediate Partner
编舞者: Billy Crase (USA) & Carla Willis-Crase (USA) - November 2021
音乐: Down to One - Luke Bryan



***Dance begins in sweetheart position 16ct after the downbeat. (No Tags, No Restarts)**

Note: Same footwork except where otherwise noted.

Walk, Walk, Walk, Shuffle Fwd, Rock Recover, Shuffle 1/4

1,2,3 Step Right Forward (1) Step Left Forward (2) Step Right Forward (3)
4 & 5 Step Left Forward (4) Step Right next to Left (&) Step Left Forward (5)
6,7 Rock Forward Right (6) Recover Back on Left (7)
8 & 1 Step Right Turning ¼ turn Right Facing OLOD (8) Step Left next to Right (&) Step Right to Side (1)

Cross Recover, Shuffle 1/4 Rock Recover, Coaster Step

2,3 Cross Rock Left across Right (2) Recover Back on Right (3)
4 & 5 Turning ¼ turn Left, Step Forward Left Facing LOD (4) Step Right Next to Left (&) Step Forward Left (5)
6,7 MAN'S STEP: Rock Forward Right (6) Recover Back on Left (7)
8 & 1 Step Back on Right (8) Step Left Next to Right (&) Step Forward Right (1)
6-1 LADY'S STEP: Step Forward Right (6) Pivot ½ Turn Left Facing RLOD Into Cross Hand Hold (7) Rock Forward Right (8) Recover Back on Left (&) Step Back on Right (1)

Side Behind, Sailor Shuffle, Rock Recover, Coaster Step

2,3 Step Left Side (2) Step Right Behind Left (3)
4 & 5 Sweep Left Behind Right (4) Step Right Next to Left (&) Step Forward Left (5)
NOTE: USE SINGLE HAND HOLD MOVING APART IN OPPOSITE DIRECTIONS (same Footwork)
6,7 Rock Forward Right (6) Recover Back on Left (7)
8 & 1 MAN'S STEP: Step Back on Right (8) Step Left next to Right (&) Step Forward Right (1)
8 & 1 LADY'S STEP: Step Back on Right (8) Step Left Next to Right Starting ½ Turn Left (&) Step Slightly Back on Right Completing ½ Turn Facing LOD (1)

NOTE: RESUME SWEETHEART HOLD

Walk, Walk, Shuffle Fwd, Walk, Walk

2,3 Step Forward Left (2) Step Forward Right (3)
4 & 5 Step Forward Left (4) Step Right Next to Left (&) Step Forward Left (5)
6,7 MAN'S STEP: Step Forward Right (6) Step Forward Left (7)
8 & Step Forward Right (8) Step Next to Right (&)
6,7,8& LADY'S STEP: Making ½ Turn Left, Step Back on Right (6) Making ½ Turn Left, Step Forward Left (7) Step Forward Right (8) Step Forward Left (&)

NOTE: RESUME SWEETHEART HOLD.

Begin Again!

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