

Happy Now (P)

拍数: 36 墙数: 0 级数: Beginner Partner
编舞者: Gay Alson (CAN) & Normand Godin (CAN) - November 2021
音乐: I Hope You're Happy Now - Lee Brice & Carly Pearce



Starting Position: Promenade / Facing LOD / Mirror steps
Intro 16 counts / no tag, no restart

[1-8] Rock Step, 1/2 Turn Shuffle, 1/2 Turn Step Pivot, 1/4 Turn Side Shuffle

1-2 M: Rock R forward, return on L
1-2 F: Rock L forward, return on R
3&4 M: ½ right turn, shuffle forward RLR
(Change hands)
3&4 F: ½ left turn shuffle, forward LRL
5-6 M: Step L in front, pivot ½ turn right
5-6 F: Step R in front, pivot ½ turn left
7&8 M: ¼ tr to right, shuffle to the side LRL

(Double-Hand Hold position)

7&8 F: ¼ tr to left, shuffle to the side RLR

[9-16] Back Rock, 1/2 Turn Back Shuffle, Back Rock, Shuffle

1-2 M: Rock R back, return on L
1-2 F: Rock L back, return on R
3&4 M: ½ left, shuffle back RLR

(Man lets go of woman's left hand)

3&4 F: ½ right, shuffle back LRL
5-6 M: Rock L back, return on R
5-6 F: Rock R back, return on L
7&8 M: Shuffle forward LRL

(Man retakes woman's left hand, drops the other hand

7&8 F: Shuffle forward RLR
and raises right arm above head of woman)

[17-24] Side, Slide Together, Side Shuffle, Cross Step, 1/2 Turn Pivot, Crossing Shuffle

1-2 M: Step R to right, slide L to side of R

(Take Double-Hand Hold position, back-to-back)

1-2 F: Step L to left, slide R to side of L
3&4 M: Shuffle to the side RLF
3&4 F: Shuffle to the side LRL
5-6 M: Cross L in front, pivot ½ turn right

(Release right hand of woman)

5-6 F: Cross R in front, pivot ½ turn left
7&8 M: Crossing shuffle in front LRL
7&8 F: Crossing shuffle in front RLR

[24-32] Step Touch (x2), Half Rumba Box, Pause

1-2 M: Step R to right, touch L to side of R

(Take Closed Position)

1-2 F: Step L to left, touch R to side of L
3-4 M: Step L to left, touch R to side of L
3-4 F: Step R to right, touch L to side of R
5-6 M: Step R to right, slide L to side of R
5-6 F: Step F to left, slide R to side of L

7-8 M: Step R behind, pause
(Note : You can alternate the steps, Rhumba toward woman, if you wish)**
7-8 F: Step L in front, pause

[33-36] Side, Slide Together, 1/4 Turn Shuffle

1-2 M: Step L to left, slide R to side of L
1-2 F: Step R to right, slide L to side of R
3&4 M: ¼ turn left, shuffle LRF

(Retake Promenade Position)

3&4 F: ¼ turn right, shuffle RLR
