

Let Your Heart Rule Your Head

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Improver
编舞者: Elke Schadewald (DE) - July 2021
音乐: Let Your Heart Rule Your Head - Brian May : (Album: Back To The Light)



Intro: 32 counts

S1: Step, Touch, Back, Coaster Step, Step, Touch, Back, Shuffle Turn 1/2

1&2 Step RF forward, touch LF behind RF, step LF back (12:00)
3&4 Step RF back, step LF next to RF, step RF forward.
5&6 Step LF forward, touch RF behind LF, step RF back
7&8 ¼ turn left & step LF to left, step RF next to LF, ¼ turn left & step LF forward (06:00)

S2: Dorothy l & r, Hop back with hitch x3, Back

1, 2& Step RF forward (slight diag.) (1), cross LF behind RF (2), step RF forward (&) (06:00)
3, 4& Step LF forward (slight diag.) (3), cross RF behind LF (4), step LF forward (&) (06:00)
5& Step RF back (5), RF small hop backwards while hitching left knee (&)
6& Step LF back (6), LF small hop backwards while hitching right knee (&)
7& Step RF back (7), RF small hop backwards while hitching left knee (&)
8 Step LF slightly back (06:00)

S3: Step, Flick, Back, Hitch, Stomp, Swivet, Vaudevilles r & l

1& Step RF forward, lift left foot behind right leg & touch left heel with right hand
2& Step LF back, hitch right knee & touch it with left hand
3&4 Stomp RF forward (3), lift left heel and right toe & turn toes to the right (&), turn back to the center, lower heel & toe (4)
5&6& Cross RF over LF, step LF back diag., touch right heel in front, step RF next to LF
7&8& Cross LF over FR, step RF back diag., touch left heel in front, step LF next to RF

S4: Rock Recover ½ turn r, Rock Recover ¼ turn l, Rocking Chair, Scuff out-out

1&2 Step RF forward (1), recover weight to LF (&), ½ turn right & step RF forward (2) (12:00)
3&4 Step LF forward (3), recover weight to RF (&), ¼ turn left & step LF to left (4) (09:00)
5&6& Step RF forward, recover weight to LF, step RF back, recover weight to LF
7&8 RF Scuff, RF small step to the right, LF small step to the left (09:00)

Tag (at the end of wall 5, facing 9:00, use "out-out" to make a ¼ turn right to face 12:00, then:)

TS1: Stomps & Claps (resembling „We Will Rock You“) (12:00)

1&2 Stomp right heel to the right, stomp RF next to LF, clap
3&4 Stomp left heel to the left, stomp LF next to RF, clap
5&6 Stamp right heel in front, stomp RF next to LF, clap
7&8 Stamp left heel in front, stomp LF next to RF, clap

TS2: Scuff, Stomp, Clap re & li, Out-Out-Clap, In-In-Clap (12:00)

1&2 Scuff RF, stomp RF forward, clap
3&4 Scuff LF, stomp LF forward, clap
5&6 Stomp right foot diag. forward, stomp left foot diag. forward, clap
7&8 Stomp RF back to center. Stomp LF back to center, clap

TS3: Figure of 8

1,2,3 Step RF to right, cross LF behind RF, ¼ turn right & step RF forward (03:00)
4,5 Step LF forward, ½ turn right on both balls (take weight on RF), (09:00)
6,7 ¼ turn right & step LF to left (12:00 Uhr), cross RF behind LF (12:00)

8 ¼ turn left & step LF forward (09:00)

TS4: Figure of 8

1,2 ¼ turn left and step RF to the right, cross LF behind RF (06:00)

3,4 ¼ turn right and step RF forward, step LF forward (09:00)

5 ½ turn right on both balls (take weight on RF) (03:00)

6,7 ¼ turn right and step LF to left, cross RF behind LF (06:00)

8 ¼ turn left and step LF forward (03:00)

Resume the dance here with another ¼ turn to face 12:00

Restart: After the tag, dance 2 more rounds. In the 3rd round after the tag, dance the first 8 counts and restart the dance facing 12:00.

Last Update - 16 Nov. 2021
