

Good Luck Charm

拍数: 32 墙数: 4 级数: Easy Beginner
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音乐: Good Luck Charm - Elvis Presley



#16 count intro - Counterclockwise rotation; start weight on L

NOTE: I wrote this to introduce "Elvis knees" and tags to my beginners. The tempo is slow, there's only one wall change, and all the other steps are easy beginner level. The tag is a repeat of the Elvis knee section for extra practice. Students can add styling in the third set. See country, holiday, and other alternate music suggestions below (no tags or restarts).

TOE STRUT R, L; R ROCKING CHAIR

1-2 Touch R toes forward, drop heel, taking weight onto R
3-4 Touch L toes forward, drop heel, taking weight onto L
5-8 Rock forward R, recover L, rock back R, recover L

(Option 5-8: more experienced dancers can do two half turns left instead of the rocking chair.)

TOE STRUT R, L; LITTLE TURN, LITTLE TURN

1-2 Touch R toes forward, drop heel, taking weight on R
3-4 Touch L toes forward, drop heel, taking weight on L
5-6 Step forward R, turn left 1/8, changing weight to L (now facing diagonal)
7-8 Step forward R, turn left 1/8, changing weight to L (now facing 9:00)

FORWARD, TOUCH, BACK, TOUCH; REPEAT FORWARD, TOUCH, BACK, TOUCH

1-2 Step R forward to right diagonal, touch L home
3-4 Step L back to left diagonal, touch R home
5-8 Repeat (weight ends L)

ELVIS KNEES

1 Step R to side whilst turning L knee in (L heel will be slightly off the floor)
2 HOLD
3 Transfer weight to L whilst turning R knee in (R heel will be slightly off the floor)
4 HOLD
5-8 Alternate changing weight R, L, R, L whilst turning unweighted knee in, ending weight L

The dance will end at the front wall as the music fades during the third set.

TAGS: The chorus ("Be my little good luck charm") is 40 counts and is easy to hear. Repeat the Elvis knees (last section) at the end of the 2nd repetition facing 6:00, the 4th repetition facing 12:00, and 7th repetition facing 3:00. Sequence: 32, 40, 32, 40, 32, 32, 40, 24

Alternate music suggestions:

Faster Elvis (peppy and fun when familiar with the pattern): Burning Love by Elvis Presley, 144 bpm
Country: Love Trip by Jerry Kilgore, 122 bpm, and That's Where I Belong, 136 bpm, by Alan Jackson
R&B: Come On Over To My Place by The Drifters, 130 bpm
Hip Hop: Hip by Mamamoo, 136 bpm
Holiday: A Very Very Merry Christmas by the Times Square Crooners & Swingers, 136 bpm

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