

# Jelly Legs

拍数: 32      墙数: 4      级数: Beginner / Improver  
编舞者: Dick Rogers (USA) & Nancy Rogers (USA) - November 2021  
音乐: U Gurl - Walker Hayes  
或: Salt, Lime & Tequila - Ryan Griffin  
或: Rip It - Eric Copeland



Alt Music: Salt, Lime & Tequila (Ryan Griffin) [107 bpm]; Rip It (Eric Copeland) [121 bpm]

Note: No tags or restarts.

Starting Position: Weight on left foot

## [1-8] BACHATA R / BACHATA L

1-2            Step RF to R (1), step LF beside RF (2)  
3-4&        Step RF to R (3), touch L toe FWD and thrust hip FWD and up (4), relax hip back and down (&)  
5-6            Step LF to L (5), step RF beside LF (6)  
7-8            Step LF to L (7), touch RF beside LF and angle R knee across L knee (8)

## [9-16] JELLY LEGS (BUMP WALKS)

1            Step RF FWD bending both knees diagonal FWD R (1)  
2            Step LF FWD bending both knees diagonal FWD L (2)  
3&4        Step RF FWD bending both knees diagonal FWD R and bump hips R twice (3&4)  
5            Step LF FWD bending both knees diagonal FWD L (5)  
6            Step RF FWD bending both knees diagonal FWD R (6)  
7&8        Step LF FWD bending both knees diagonal FWD L and bump hips L twice (7&8)

## [17-24] PADDLE TURN L ½ (WITH HIP ACTION) / JAZZ BOX

1-2            Step RF FWD (1), pivot 1/4 L and transfer weight to LF (2)  
3-4            Step RF FWD (3), pivot 1/4 L and transfer weight to LF (4)

### Styling: Circle hips CCW (1-4)

5-6            Step RF over LF (5), step LF back (6)  
7-8            Step RF to R (7), step LF beside RF (8)

## [25-32] ROCK FWD, RECOVER, SHUFFLE BACK / ROCK BACK, RECOVER, STEP FWD, HITCH ¼ TURN L

1-2            Rock FWD on RF (1), recover back on LF (2)  
3&4        Shuffle back RLR (3&4)  
5-6            Rock back on LF (5), recover fwd on RF (6)  
7-8            Step LF FWD (7), hitch R knee and turn ¼ L (8)

Variation: Shuffle ½ turn R (3&4), Step LF fwd and pivot ½ turn R transferring weight to RF (5-6)

## START OVER

Contact: wildwoodlabs at gmail dot com