

# Mana Lolo Banda

拍数: 32      墙数: 4      级数: Improver  
编舞者: Tanti Damayanti (INA) - November 2021  
音乐: Mana Lolo Banda, Nusa Tenggara Timur



## Intro 36 count

### SECTION 1: SHAMBA WISK, 1/2 VOLTA TURN RIGHT.

1 a2      Step RF to R side, rock cross LF behind RF, recover onto R  
3 a4      Step LF to L side, rock cross RF behind LF, recover onto LF  
5 &      1/8 turn R crossing RF over LF, step ball of LF slightly behind RF.  
6&7&8      Repeat 5&.

### SECTION 2: SHAMBA WISK, 1/2 VOLTA TURN LEFT.

1 a2      Step LF to L side, rock cross RF behind LF, recover onto LF  
3 a4      Step RF to R side, rock cross LF behind RF, recover onto RF  
5 &      1/8 turn L crossing LF over RF, step ball of RF slightly behind LF.  
6&7&8      Repeat 5&.

### SECTION 3: SHYNCOPAIDE CROSS R, SHYNCOPAIDE CROSS L.

1 & 2      cross RF over LF, step LF to L side, cross RF over LF  
&3 &4      step LF to L side, cross RF over LF, step LF to L side, cross RF over LF  
5 & 6      cross LF over RF, step RF to R side, cross LF over RF  
&7 &8      step RF to R side, cross LF over RF, step RF to R side, cross LF over RF.

### SECTION 4: MAMBO STEP, JAZZ BOX 1/4 TURN R.

1 & 2      Rock RF forward, recover onto LF, step RF back forward.  
3 & 4      Rock LF back forward, recover onto RF, step LF forward.  
5 6 7 8      cross RF over LF, 1/4 turn R step LF back (03.00), step RF to R side, cross LF over RF.

**TAG : after walls 1, 4, 5**

### SWAY R, SWAY L

1 2      Step and sway R to R side, sway L  
3 4      Repeat 1 and 2

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