Mr. Postman



拍数: 32 墙数: 4 级数: Beginner

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音乐: Please Mr. Postman - Carpenters



Intro 16 Counts - No Tags, No Restarts

[1~8] RIGHT VINE TOUCH, LEFT VINE TOUCH		
1-2	Step R to right side, step L behind R	
3-4	Step R to right side, step L next to R	
5-6	Step L to left side, step R behind L	

7-8 Step L to left side, touch R next to L

[9~16] K-STEP, SCUFF

1-2	Step R diagonally right forward, tuch L next to R (clap)
3-4	Step L diagonally left back, touch R next to L (clap)
5-6	Step R diagonally right back, touch L next to R (clap)
7-8	Step L diagonally left forward, scuff R Forward

[17 ~ 24] STEP, 1/2 TURN, STEP, STEP, 1/4TURN, STOMP

1-2	STEP R forward, pivot 1/2 turn left (weight on left) (6:00)

3-4 STEP R forward, hold

5-6 STEP L forward, pivot 1/4 turn right (weight on right) (9:00)

7-8 STEP L next to R, hold

[25 ~ 32] SWIVEL HEELS RIGHT, LEFT

1-2	Swivel both heels right, hold (clap)
3-4	Swivel both heels leht, hold (clap)
5-6	Swivel both heels right, left
7-8	Swivel both heels right, center

REPEAT DANCE