

# On My Knees

拍数: 64      墙数: 4      级数: Improver  
编舞者: Suzi Beau (ENG) - October 2021  
音乐: Don't Break the Heart - Tom Grennan



## Section 1: Side together Shuffle, Forward rock, Back Sweep

1 2      Step R to R side, Close Left to Right  
3&4      Step forward on R, close L to R, Step Forward on R  
5 6      Rock forward on L, Recover on R  
7 8      Step back on L, Sweep R from front to back

## Section 2: Back rock chasse, behind side, cross, sweep

1 2      Rock back on R, Recover on L  
3&4      Step R to R side, Close L to R, Step R to R side  
5 6      Step left behind R, Step R to R side  
7 8      Cross L over R, Sweep R from back to front

## Section 3: Cross rock side rock, behind ¼, ¼, behind

1 2      Cross rock R over L, Recover on L  
3 4      Rock R to R side, Recover on L  
5 6      Step R behind L, Turn ¼ L stepping forward L  
7 8      Turn ¼ L stepping R to R side, Step L behind R

## Section 4: Side hold, ball side rock, jazzbox ¼ cross

1 2      Step R to R side, Hold  
&3,4      Close L to R, Rock R to R side, recover on L  
5 6      Cross R over L, Step back on L  
7 8      Turn ¼ R stepping R to R side, Cross L over R

Restart here on wall 1

## Section 5: Chasse Back Rock, Vine cross,

1&2      Step R to R side, Close L to R, Step R to R side  
3 4      Rock back on L, Recover on R  
5 6      Step L to L side, Step R behind L  
7 8      Step L to L side, Cross R over Left

## Section 6: Kick ball cross side rock behind side shuffle

1&2      Kick L to L diagonal, Step on L, Cross R over L  
3 4      Rock L to L side, recover on R  
5 6      Step L behind R, Step R to R side  
7&8      Shuffle forward stepping L,R,L

## Section 7: Shuffle, Pivot ½ Shuffle Full turn

1&2      Shuffle forward stepping R,L,R  
3,4      Step forward on L, pivot ½ R  
5&6      Shuffle forward stepping L,R, L  
7 8      Full turn L stepping back on R, forward on L (optional Walk forward R, L)

## Section 8: Step sweep Step Sweep Rocking chair

1 2      Step forward on R, Sweep L  
3,4      step forward on L, Sweep R  
5 6      Rock forward on R, recover L

7 8                    Rock back on R, recover L

**TAG: 8 Count Tag at the end of wall 3, (Rumba Box) (3:00)**

1-4                    Step R to R side, Close Left to Right, Step forward R, Touch Left by R

5-8                    Step L to L side, Close Right to Left, Step back L, touch R by L

---