

Lost My Hope

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: Wenarika Josephine (INA) - November 2021
音乐: Hilang Permataku - Netta KD : (Album: Evergreen Pop Bossas)



Intro 32 counts - 2 Tags (4 counts) : after wall 4 & 8
Restart on wall 10 after 16 counts

Sect 1 BACK CROSS, SWEEP , BACK ROCK , FORWARD, HOLD

1 - 4 Cross R behind L - sweep L back - cross L behind R - sweep R back
5 - 6 Rock R back - recover on L
7 - 8 Step R forward - hold

Sect 2 PRISSY WALK, HOLD , FORWARD ROCK, BACK HOLD

1 - 4 Cross L over R - hold - cross R over L - hold
5 - 6 Rock L forward - recover on R
7 - 8 Step L back - hold

Sect 3 SIDE TOGETHER BACK, DRAG , 1/4 TURN LEFT, SIDE TOGETHER FORWARD, HOLD

1 - 4 R to side - L close beside R - R back - drag L
5 - 6 1/4 turn left step L to side - R close beside L (9.00)
7 - 8 L forward - hold

Sect 4 SIDE ROCK CROSS , SWEEP, CROSS SIDE BACK, SWEEP

1 - 4 Rock R to side - recover on L - cross R over L - sweep L to front
5 - 6 Cross L over R - step R to side
7 - 8 L behind R - sweep R back

*TAG 4 COUNTS : AFTER WALL 4 & 8

1 - 4 ¼ Turn right Rock R to side - hold - ¼ turn left recover on L - hold

Contact email : wenarikajosephine@gmail.com