

# He's an Old Hippie

COPPER KNOB  
STEPSHEETS

拍数: 32                      墙数: 4                      级数: Beginner  
编舞者: Georgie Mygrant (USA) - November 2021  
音乐: Old Hippie - Bellamy Brothers



**Intro: 16 \*2 Tag's at the end of Wall 5 and Wall 8, for 8 c's**

## **Lindy R, Rocking Chair L**

1&2-3-4                      Step R/L/R, rock back on L, Step fwd. on R  
5-8                              Step L fwd. Rock back on R, Rock back on L, return to R

## **Lindy L, Rocking Chair R**

1&2-3-4                      Step L/R/L, rock back on R, Step fwd. on L  
5-8                              Step R fwd. Rock back on L, rock back on R, return to L

## **Shuffle Fwd. R/L/R, L Fwd. Back R, Shuffle Back L/R/L, R Back, fwd. L**

1&2-3-4                      Step fwd. R/L/R, step fwd. on L, back on R  
5&6-7-8                      Step back L/R/L, step back on R, fwd. on L

## **Pivot ½ L, Jazz Box ¼ to R**

1-4                              Step fwd. R, turning ¼ L on Lf, Step fwd. R, turning ¼ L on L  
5-8                              Step R over L, step back on L turning ¼ to R, step on R, step on L

## **\*Tag's at the end of wall 6 and 8 for 8 counts each**

1-8                              Step R fwd. Rock back on L, Rock back on R, return fwd. to L, Step R fwd. rock back on L,  
Rock back on R, return to L

**That's It! Happy Dancing! Enjoy! [mygeo@adamswells.com](mailto:mygeo@adamswells.com)**

**All my routines are based on AB or beginner dancers. No turning vines or spins, no tripping steps, just easy going moves. Routines that anybody can do. I feel that some of the beginner routines scare some of the new dancers off. This way, they can work into the routines easy and understand them better. A few of mine are a little fast, but should be easy for beginners once they feel comfortable with the steps. Georgie**

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