

Ah! Rocking Pneumonia & Boogie Woogie Flu

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Susan Prats (USA) - September 2021
音乐: Rockin' Pneumonia and the Boogie Woogie Flu - Johnny Rivers



NO TAGS! NO RESTARTS!

Makes a great double circle contra dance—just eliminate left vine turn!

Begin at vocals, 39 seconds in

K STEP WITH CLAPS

- 1-4 Step R diagonally forward (1), touch together L & clap (2), Step L home (3), touch together R & clap (4)
5-8 Step R diagonally back (5), touch together L & clap (6), Step L home (7), touch together R & clap (8)

RIGHT-STEP-TOGETHER-STEP BRUSH, LEFT STEP, RIGHT BRUSH, RIGHT STOMP 2X

- 1-4 Step R diagonally forward (1), step L together (2), step R forward (3), brush L forward (4)
5-8 Step L diagonally forward (5), brush R (6), stomp R (7), stomp R (8)

VINE RIGHT ¼ TURN RIGHT, KICK LEFT, WALK BACK LEFT, RIGHT, LEFT, HITCH RIGHT

- 1-4 Step R side (1), step L behind (2), turn & step R side (3)(3:00), kick L (4)
5-8 Walk back L (5), R (6), L (7), hitch R (8)

DOUBLE ROCK BACK RIGHT, DOUBLE ROCK FORWARD LEFT, SINGLE ROCKS BACK & FORWARD 4X

- 1-4 Step back R & rock (1), rock R back (2), rock forward on L (3), rock forward L (4)
5-8 Rock back R (5), rock forward L (6), rock back R (7), rock forward L (8)

RESTART

Last Update - 13 Nov. 2021
