

# Sixteen Tons

拍数: 32      墙数: 2      级数: Low Intermediate  
编舞者: Aurora Profumo (DE) - November 2021  
音乐: Sixteen Tons - Southern Raised : (bass singer cover)



INTRO 1: 32 counts  
INTRO 2: 16 counts  
PART A: 32 counts  
TAG: 48 counts

Sequence: INTRO 1, INTRO 2, A, A, A(restart), A (restart), A, A, A, A, INTRO 2, A, A, TAG, A, A, A(final).

INTRO 1: 32 counts

**\*1st seq.: HEEL TOUCH RF, HEEL TOUCH LF, HEEL TOUCH RF, HOOK FWD RF, CLOSE, HEEL TOUCH LF, HEEL TOUCH RF, HEEL TOUCH LF, HOOK FWD LF, CLOSE.**

1-4                RF heel touch fwd, close, LF heel touch fwd, close, RF heel touch fwd, RF hook fwd LF  
5-8                LF heel touch fwd, close, RF heel touch fwd, close, LF heel touch fwd, LF hook fwd RF.

**\*2nd seq.: HEEL TOUCH RF, HEEL TOUCH LF, HEEL TOUCH RF, HOOK FWD RF, CLOSE, HEEL TOUCH LF, HEEL TOUCH RF, HEEL TOUCH LF, HOOK FWD LF, CLOSE.**

1-4                RF heel touch fwd, close, LF heel touch fwd, close, RF heel touch fwd, RF hook fwd LF  
5-8                LF heel touch fwd, close, RF heel touch fwd, close, LF heel touch fwd, LF hook fwd RF.

INTRO 2: 16 counts

**#1st seq.: WEAVE R, SCISSOR STEP R, HOLD.**

1-4                RF open to R, LF crosses behind RF, RF open to R, LF crosses on RF  
5-8                RF open to R, LF reaches RF, RF crosses on LF, Hold.

**#2nd seq.: WEAVE L, SCISSOR STEP L, HOLD.**

1-4                LF open to L, RF crosses behind LF, LF open to L, RF crosses on LF  
5-8                LF open to L, RF reaches LF, LF crosses on RF, Hold.

PART A: 32 counts

**\$1st seq.: ROCK R FWD, L STOP, ROCK R BACK, L STOMP, LOCK FWD R, L STOMP.**

1-4                RF step fwd and put on weight, LF stomp, RF step back and put on weight, LF stomp  
5-8                RF step fwd, LF close behind RF, RF step fwd, LF stomp near RF.

**\$2nd seq.: FOOT BOGIE R, STOMP L, ROCK FWD LF, 1/2 TURN TO L, R STOMP.**

1-4                turn RF toe to R, turn RF heel to R, turn RF heel to R, LF stomp  
5-8                rock LF fwd, recover on RF, 1/2 turn to L (weight on RF), recover on LF, stomp with RF.

**\$3rd seq.: OUT, HOOK FWD LF, OUT, HOOK FWD RF, LOCK FWD RF, HOLD.**

1-4                open both feet turning slightly diagonal to R, return, LF hook fwd, open both feet turning slightly diagonal to L, return, RF hook forward.  
5-8                RF step fwd, LF close behind RF, RF step fwd, hold.

**\$4th seq.: PIVOT FULL TURN R, HOLD, COASTER STEP R, STOMP L.**

1-2                LF step fwd, full turn to R (weight on RF), recover on LF  
3-4                HOLD  
5-8                RF steps back, LF reaches RF, RF steps fwd, LF stomps near RF.

TAG: 40 counts

**-1st seq.: HOLD, UNWIND 1/2 TURN L.**

1-4                hold  
5-8                RF crosses on LF, 1/2 turn to L (weight on both feet)

**-2nd seq.: HOLD, STRIDE LF, SLIDE RF.**

1-4 hold

5-8 stride LF back, slide RF.

**-3rd seq.: HOLD**

1-8 HOLD

**-4th seq.: VAUDEVILLE STEP R, VAUDEVILLE STEP L.**

1-4 RF step to R, LF crosses on RF, RF step lateral to R, LF heel touch, return

5-8 LF step to L, RF crosses on LF, LF step lateral to L, RF heel touch, return.

**-5th seq.: HEEL TOUCH L, HEEL STRUT R, HEEL FUN R, FLICK R, STOMP R.**

1-4 LF heel touch fwd, close, RF heel touch fwd, put down RF toe (weight on LF)

5-8 RF heel turn to R and return, R leg flick lateral (weight on LF), RF stomp.

**\*1st restart: 3rd wall, after the first 8 counts.**

**\*\*2nd restart: 4th wall after 24 counts.**

**At the end the music slows down so the dance will be adapted to the song.**

---