

Sixteen Tons

COPPER KNOB
BY SHEETS

拍数: 32 墙数: 2 级数: Low Intermediate
编舞者: Aurora Profumo (DE) - November 2021
音乐: Sixteen Tons - Southern Raised : (bass singer cover)



INTRO 1: 32 counts
INTRO 2: 16 counts
PART A: 32 counts
TAG: 48 counts

Sequence: INTRO 1, INTRO 2, A, A, A(restart), A (restart), A, A, A, A, INTRO 2, A, A, TAG, A, A, A(final).

INTRO 1: 32 counts

*1st seq.: HEEL TOUCH RF, HEEL TOUCH LF, HEEL TOUCH RF, HOOK FWD RF, CLOSE, HEEL TOUCH LF, HEEL TOUCH RF, HEEL TOUCH LF, HOOK FWD LF, CLOSE.

1-4 RF heel touch fwd, close, LF heel touch fwd, close, RF heel touch fwd, RF hook fwd LF
5-8 LF heel touch fwd, close, RF heel touch fwd, close, LF heel touch fwd, LF hook fwd RF.

*2nd seq.: HEEL TOUCH RF, HEEL TOUCH LF, HEEL TOUCH RF, HOOK FWD RF, CLOSE, HEEL TOUCH LF, HEEL TOUCH RF, HEEL TOUCH LF, HOOK FWD LF, CLOSE.

1-4 RF heel touch fwd, close, LF heel touch fwd, close, RF heel touch fwd, RF hook fwd LF
5-8 LF heel touch fwd, close, RF heel touch fwd, close, LF heel touch fwd, LF hook fwd RF.

INTRO 2: 16 counts

#1st seq.: WEAVE R, SCISSOR STEP R, HOLD.

1-4 RF open to R, LF crosses behind RF, RF open to R, LF crosses on RF
5-8 RF open to R, LF reaches RF, RF crosses on LF, Hold.

#2nd seq.: WEAVE L, SCISSOR STEP L, HOLD.

1-4 LF open to L, RF crosses behind LF, LF open to L, RF crosses on LF
5-8 LF open to L, RF reaches LF, LF crosses on RF, Hold.

PART A: 32 counts

\$1st seq.: ROCK R FWD, L STOP, ROCK R BACK, L STOMP, LOCK FWD R, L STOMP.

1-4 RF step fwd and put on weight, LF stomp, RF step back and put on weight, LF stomp
5-8 RF step fwd, LF close behind RF, RF step fwd, LF stomp near RF.

\$2nd seq.: FOOT BOGIE R, STOMP L, ROCK FWD LF, 1/2 TURN TO L, R STOMP.

1-4 turn RF toe to R, turn RF heel to R, turn RF heel to R, LF stomp
5-8 rock LF fwd, recover on RF, 1/2 turn to L (weight on RF), recover on LF, stomp with RF.

\$3rd seq.: OUT, HOOK FWD LF, OUT, HOOK FWD RF, LOCK FWD RF, HOLD.

1-4 open both feet turning slightly diagonal to R, return, LF hook fwd, open both feet turning slightly diagonal to L, return, RF hook forward.
5-8 RF step fwd, LF close behind RF, RF step fwd, hold.

\$4th seq.: PIVOT FULL TURN R, HOLD, COASTER STEP R, STOMP L.

1-2 LF step fwd, full turn to R (weight on RF), recover on LF
3-4 HOLD
5-8 RF steps back, LF reaches RF, RF steps fwd, LF stomps near RF.

TAG: 40 counts

-1st seq.: HOLD, UNWIND 1/2 TURN L.

1-4 hold
5-8 RF crosses on LF, 1/2 turn to L (weight on both feet)

-2nd seq.: HOLD, STRIDE LF, SLIDE RF.

1-4 hold

5-8 stride LF back, slide RF.

-3rd seq.: HOLD

1-8 HOLD

-4th seq.: VAUDEVILLE STEP R, VAUDEVILLE STEP L.

1-4 RF step to R, LF crosses on RF, RF step lateral to R, LF heel touch, return

5-8 LF step to L, RF crosses on LF, LF step lateral to L, RF heel touch, return.

-5th seq.: HEEL TOUCH L, HEEL STRUT R, HEEL FUN R, FLICK R, STOMP R.

1-4 LF heel touch fwd, close, RF heel touch fwd, put down RF toe (weight on LF)

5-8 RF heel turn to R and return, R leg flick lateral (weight on LF), RF stomp.

***1st restart: 3rd wall, after the first 8 counts.**

****2nd restart: 4th wall after 24 counts.**

At the end the music slows down so the dance will be adapted to the song.
