

Hey Friend!

拍数: 36 墙数: 4 级数: Intermediate
编舞者: Rex Chuan (USA) - November 2021
音乐: Hey Friend! (嘿! 朋友) - Irene Yeh (葉瓊菱)



Start: After 36 counts of intro, with vocal - Restart: 1 kind, 3 instances - Tag: 0

S1: Jazz Box With Turn X2

1234 Cross RF(1), Step LF L(2), R quarter turn and Step RF R(3), Step LF forward(4)
5678 Cross RF(5), Step LF L(6), R quarter turn and Step RF R(7), Step LF forward(8) (6:00)

S2: Hip Bump With Turn X2, Paddle Turn X3, Rock

1234 L quarter turn and tap RF R with hip bump(1), shift weight to RF(2), swivel L quarter turn on
RF and tap LF L with hip bump(3), step LF together(4)
5678 L quarter turn and tap RF R(5), L quarter turn and tap RF R(6), L half turn and step RF
backwards(7), step LF backwards(8) (12:00)

S3: Cha Cha Cha, Syncopated Dorothy Step, Rocking Chair

1&2& Step RF forward a bit diagonally(1), lock LF in(2), step RF forward(2), step LF forward a bit
diagonally(&)
3&4 Hold 3, lock RF in(&), Step LF forward(4)
5678 Rock RF forward(5), recover(6), rock RF backwards(7), recover(8) (12:00)

S4: Out-Out-In-Forward, Pivot Turn, Knee Pop, Turn & Knee Pop, Quick Knee Pop X2, Hold One Count

1&2& Step RF forward diagonally on toe(1), step LF L on toe(&), step RF in place(2), step LF
forward(&)
34 R half turn on LF(3), step RF forward(4)
56 Step LF together and RF knee pop(5), R quarter turn on RF and LF knee pop(6)
7&8 Step LF in place and pop R knee(7), step RF in place and pop L knee(&), hold 8 (9:00)

S5: Swing Leg Aside(R-L), Monterey Turn

1234 Step LF in place and swing RF R(1), step RF in place and swing LF L(2), step LF in place
while swivel L half turn(3), tap RF R(4) (3:00)

Restart: There are three instances of restart of the same kind. At the end of section 3 in wall 3/7/10, restart wall 4/8/11 facing 6:00/3:00/9:00 respectively.

Enjoy the dance!