

Thanks a Lot

拍数: 32 墙数: 0 级数: Beginner Contra
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音乐: Thanks A Lot - Robert Mizzell



START IN 2 CIRCLES (IN & OUT), FACE TO FACE!

[1-8] R/L Heel, Toe, Chasse

1,2 RF Heel touch forward (clap in time) , toe touch backwards (clap in time)
3 & 4 RF Step side, LF close on RF, RF Step to the Side
5, 6 LF Heel touch forward (clap in time), toe touch backwards (clap in time)
7 & 8 LF Step to the Side, RF close on LF, LF Step to the Side

[9-16] Shuffle twice forward (between 2 persons on the other side of circle) , Jazzbox ¼ turn right

1 & 2 RF Step forward, LF close beside RF , RF Step forward
3 & 4 LF Step forward, RF close beside LF, LF Step forward
5,6,7,8 RF Jazzbox ¼ turn right

[17 - 24] Lockstep twice forward, Jazzbox ¼ turn right

1 & 2 RF Step forward, LF cross behind RF , RF Step forward
3 & 4 LF Step forward, RF cross behind LF, LF Step forward
5,6,7,8 RF Jazzbox ¼ turn right

[25-32] R/ L /R Shuffle in circles (with your partner on the other side, with touch hands if you like) , Coasterstep

1 & 2 RF Start with the shuffle circle around your partner
3 & 4 LF Shuffle turn around your partner
5 & 6 RF Shuffle turn around your partner
7 & 8 LF ¼ turn Coasterstep (Ending to the start with shuffle circles)

And start again
