Dixie Fix

拍数: 48	墙数: 2	级数: Intermediate

编舞者: Niels Poulsen (DK) - October 2021

音乐: About the South - Rodney Atkins : (iTunes)

Intro: 32 counts from first beat in music. App. 15 secs. into track. Start with weight on L foot
**2 restarts: 1st on wall 2, after 16 counts. 2nd on wall 4, after count 44. Both restarts happen at 12:00

[1 - 8] R side rock, R sailor step, L sailor step, cross, ¼ R back L, ¼ R side R

1 - 2	Rock R to R side (1), recover on L (2) 12:00
3&4	Cross R behind L (3), step L to L side (&), step R to R side (4) 12:00
5&6	Cross L behind R (5), step R to R side (&), step L to L side (6) 12:00
7-8-1	Cross R over L (7), turn ¼ R stepping back on L (8), turn ¼ R stepping R to R side (1) 6:00

[9 - 16] L cross rock side, R cross rock side, cross

2 - 4	Cross rock L over R (2), recover back on R (3), step L to L side (4) 6:00
5 - 7	Cross rock R over L (5), recover back on L (6), step R to R side (7) ...

Fun option on wall 6 (facing 12:00 at this point): cross stomp R over L (5), Hold (6), Hold (7), recover on L (8) 6:00

8	Cross L over R (8) ... * Restart here on wall 2, facing 12:00 6:00

[17 - 24] R chasse, L back rock, ¼ R shuffle back, R back rock

1&2	Step R to R side (1), step L next to R (&), step R to R side (2) 6:00
3 - 4	Rock back on L (3), recover on R (4) 6:00
5&6	Turn ¼ R stepping back on L (5), step R next to L (&), step back on L (6) 9:00
7 - 8	Rock back on R (7), recover on L (8) 9:00

[25 - 32] Kick R&L, step ¼ L, R jazz box, cross

1&2&	Kick R fwd (1), step R next to L (&), kick L fwd (2), step L next to R (&) 9:00
3 - 4	Step R fwd (3), turn ¼ L stepping onto L (4) 6:00
5 - 8	Cross R over L (5), step back on L (6), step R to R side (7), step L fwd and slightly over R (8) 6:00

[33 - 40] Diagonal R, together, heel bounces, diagonal L, together, heel bounces

1 - 2	Step R a big step fwd R towards R diagonal (body facing 6:00) (1), step L next to R (2) 6:00
&3&4	Lift heels off the floor (&), bounce heels into floor (3), lift heels off the floor (&), bounce heels into the floor - weight on R (4) 6:00
5 - 6	Step L a big step fwd towards L diagonal (body facing 6:00) (5), step R next to L (6) 6:00
&7&8	Lift heels off the floor (&), bounce heels into floor (7), lift heels off the floor (&), bounce heels into the floor - weight on L (8) 6:00

[41 - 48] (hitch R) back R, slide L, L coaster cross, stomp R, HOLD, behind side cross

(&)1-2 (Optional: quickly hitch R on the & count), step R a big step back (1), slide L towards R (2) 6:00

3&4	Step back on L (3), step R next to R (&), cross L over R (4) ... 6:00

* Restart here on wall 4, facing 12:00

5 - 6	Stomp R to R side (5), HOLD (6) 6:00
7&8	Cross L behind (7), step R to R side (&), cross L over R (8) 6:00

Start Again!

Ending Finish wall 8 (at 12:00) and step R to R side □ 12:00