

Hey Now (Iko Iko)

拍数: 32 墙数: 4 级数: Beginner
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音乐: Iko Iko (My Bestie) (feat. Small Jam) - Justin Wellington



Walk 2, Mambo fwd, back 2, mambo back

1-2 step forward right - step forward left
3&4 rock forward right - recover weight onto left - close right next to left
5-6 step back left - step back right
7&8 rock back left - recover weight onto right - close left next to right

Mambo side r + l, ¼ turn l mambo side r + l

1&2 rock right to right side - recover weight on left - close right next to left
3&4 rock left to left side - recover weight onto right - close left next to right
5&6 ¼ turn left/rock right to right side - recover weight onto left - close right next to left
7&8 rock left to left side - recover weight onto right - close left next to right

Rocking chair x 2 (option: step - pivot x 2, rocking chair)

1-2 rock forward right - recover weight onto left
3-4 rock back right - recover weight onto left

* (Option 1-4

*step right forward - ½ turn left onto left

*step right forward - ½ turn left onto left

5-6 rock forward right - recover weight onto left
7-8 rock back right - recover weight onto left

Paddle full turn r, paddle full turn l

1& ¼ turn right/step forward right - close left ball next to right
2& ¼ turn right/step forward right - close left ball next to right
3& ¼ turn right/step forward right - close left ball next to right
4 ¼ turn right/step forward right
5-8 repeat 1-4 turning to the left, starting forward left

Tag/Bridge 1 at the end of wall 1, 3 and 4

Side - touch r+l (with shoulder shimmies)

1-2 step side right - touch left next to right (option: add shoulder shimmies)
3-4 step side left - touch right next to left (option: add shoulder shimmies)

Tag/Bridge 2 at the end of wall 6

Side - touch r + l (with shoulder shimmies) x 2

1-2 step side right - touch left next to right (option: add shoulder shimmies)
3-4 step side left - touch right next to left (option: add shoulder shimmies)
5-8 repeat 1-4

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