Attenti Al Lupo



拍数: 40 编数: 4 级数: High Beginner

编舞者: Swany (INA) & Lim Riky (INA) - November 2021

音乐: Attenti Al Lupo - Lucio Dalla



Intro - 56 counts, Start at 33"

(During Intro: Sway Right, Left with hands swing from Right to the Left)

First Restart on Wall 1 (3:00) after 32 Counts Second Restart on Wall 4 (6:00) after 16 Counts Tag (4 Counts) after Wall 3 (9:00) & Wall 7 (3:00)

R Side Step, R Chasse, Cross Rock, Recover, L Chasse

1 - 2 Step RF to right side, Step LF next to RF.
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3 & 4 Step RF to right side, Step LF next to RF, Step RF to right side.

5 - 6 Cross LF over RF, Recover on RF.

7 & 8 Step LF to left side Step RF next to LF, Step LF to left side.

Lock Step, Forward Shuffle, Lock Step Turn 1/4 Left, Forward Shuffle

1 - 2 Step RF forward, Step LF behind RF.

3 & 4 Step RF forward, Step LF behind RF, Step RF forward.

5 - 6 Step LF 1/4 left (9:00), Step RF behind LF.

7 & 8 Step LF forward, Step Step RF behind LF, Step LF forward.

(Restart Here on Wall 4 (6:00))

Forward Mambo, Back Mambo, Right Chasse, 1/4 Turn Left Chasse

1 & 2	Step RF forward, LF	Recover, Step RF together.	
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3 & 4 Step LF back, RF recover, Step LF together.

5 & 6 Step RF to right side, Step LF next to RF, Step RF to right side.

7 & 8 Turn 1/4 left Step LF to left side Step RF next to LF, Step LF to left side.(6:00)

Right, Left, Right Shuffle, Turn 1/4 Left, Right, Left Shuffle

1 - 2 Step RF out, Step LF out

3 & 4 Step RF to right, Step LF behind RF, Step RF to right.

5 - 6 Turn ¼ left Step LF out, Step RF out. (3:00)

7 & 8 Step LF to left, Step RF behind LF, Step LF to left.

(Restart Here on Wall 1 (3:00))

Botafogo, Jazz box

1 & 2 Cross RF over LF, Rock LF to left, Recover on RF.3 & 4 Cross LF over RF, Rock RF to right, Recover on LF.

5, 6, 7, 8 Cross RF over LF, step LF back, Step RF to right, Step LF forward.

TAG - At the end of Wall 3 (9:00) & Wall 7 (3:00)

Sway Right, Left, Right, Left with hands swing

1 - 2 Sway to right, Sway to left with hands swing3 - 4 Sway to right, Sway to left with hands swing

Have Fun and Enjoy

Contact: riky.linedance@gmail.com