

Minah Montel

拍数: 80 墙数: 2 级数: Phrased Improver
编舞者: Harry Samana (INA) & Andhy Givo (INA) - October 2021
音乐: Minah Montel - Pak Ucu



Sequence : AABC - AABC - AABCC - AABC - AABC - AABC

No tag and restart

Start dance after Intro 34 count

Part A. (16c)

Section 1 . CROSS - SIDE - CROSS - POINT

1-2-3-4 Cross R over L, step L to side, cross R over L, touch L to side

5-6-7-8 Cross L over R, step R to side, cross L over R, touch R to side

#Section 2. CROSS ROCK - RECOVER - SIDE - TOUCH - ¼ L TURN - FORWARD - ¼ L TURN - TOUCH

1-2-3-4 Cross rock R over L, recover L, cross rock R over L, recover L

5-6-7-8 Step R to side, touch L beside R, ¼ L turn stepping L forward, ¼ L turn touch R beside L

PART B. (30c)

#Section 1. SYNCOPATED WEAVE TURN - ¼ L TURN - ¼ R TURN - ½ L TURN

1-2 ¼ L turn stepping R to side, cross L behind R

3-4 ¼ R turn stepping R forward, ¼ R turn stepping L to side

5-6 Cross R behind L, ¼ L turn stepping L forward

7-8 Step R forward, ½ L turn stepping L forward

#Section 2. CROSS - POINT - ROCK - RECOVER - BACK - TOUCH - HEEL

1-2 Cross R over L, touch toe L to side

3-4 Cross L over R, touch toe R to side

5-6 Step R forward, L recover

7-8 Step R back with Heel forward, L recover

#S 3. SYNCOPATED WEAVE TURN - ¼ L TURN - ¼ R TURN - ½ L TURN

1-2 ¼ L turn stepping R to side, cross L behind R

3-4 ¼ R turn stepping R forward, ¼ R turn stepping L to side

5-6 Cross R behind L, ¼ L turn stepping L forward

7-8 Step R forward, ½ L turn stepping L forward

#4. CROSS - POINT - WALK R-L

1-2 Cross R over L, touch toe L to side

3-4 Cross L over R, touch toe R to side

5-6 Step R forward, Step L forward

PART C. (34c)

#1. HEEL TOUCH DIAGONAL (R-L) - TOUCH TOE (R-L) - TOGETHER

1-2 Heel touch R diagonal forward, touch toe R over to L with knee bent

3-4 Heel touch R diagonal forward, close R beside L

5-6 Heel touch L diagonal forward, touch toe L over to L with knee bent

7-8 Heel touch L diagonal forward - close L beside R

#2. CHASSE - ½R TURN - CHASSE - HEEL TOUCH TURN ¼ - TOGETHER

1&2 Step R to side, step L next beside R, step R to side

3&4 ½ R turn stepping L to side, step R next beside L, step L to side

5&6 heel touch R forward, ¼ L turn stepping R beside L, step L in place

7&8 heel touch R forward, $\frac{1}{4}$ L turn stepping R beside L, step L in place

#3. SHUFFLE (R-L) - SHUFFLE TURN $\frac{1}{2}$ R - $\frac{1}{4}$ R TURN - CHASSE

1&2 step R forward, step L next beside R, step R forward

3&4 step L forward, step R next beside L, step L forward

5&6 $\frac{1}{4}$ R turn step R forward, step L next beside R, $\frac{1}{4}$ R turn step R forward

7&8 $\frac{1}{4}$ R turn step L to side, step R next beside L, step L to side

#4. CROSS BEHIND - SIDE - $\frac{1}{4}$ L TURN - FORWARD $\frac{1}{2}$ L TURN - FORWARD - $\frac{1}{4}$ L TURN

1-2 Cross R behind L, step L to side

3-4 Cross R behind L, $\frac{1}{4}$ L turn stepping L forward

5-6 Step R forward, $\frac{1}{2}$ L turn step L in place

7-8 Step L forward, $\frac{1}{4}$ L turn step L in place

#5. WALK R - L

1-2 Step R forward - step L forward

Enjoy your Dance

Last Update: 30 Oct 2023
