

Simple Things

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Nathalie LATERRIERE (FR) - October 2021
音乐: Simple Things - Teddy Swims



Start: 8 counts - 1 Tag

S1: ROCK FORWARD R, SYNCOPATED ROLLING VINE R, FORWARD L, ½ PIVOT TURN R, ½ PIVOT TURN L, SWEEP CROSS L (12:00 12:00)

- 1-2 Rock RF forward *, recover onto LF
3&4 Turn ¼ T R stepping forward on RF, ½ T R stepping back on LF, ¼ T R stepping RF to R side
5-6 Step forward on LF, spin ½ T R (6:00) (keep weight on LF)
&7-8 Transfer weight onto RF and spin ½ T L, sweep LF from front to back**, step LF behind RF (12:00)

Optional Arm styling: * Spread L arm forward on count 1

** Cross then spread both arms above your head on count 7

S2: SWAY R/L, BEHIND SIDE CROSS, SWAY L/R, COASTER STEP ¼ TURN L (12:00 9:00)

- 1-2 Step RF to R side swaying hips to R, transfer your weight onto LF and sway hips to L
3&4 Step RF behind LF, step LF to L, step RF across LF
5-6 Step LF to L side swaying hips to L, transfer your weight onto RF and sway hips to R
7&8 Make a ¼ T L stepping back on LF, step RF next to L, step forward on LF (9:00)

S3 : BIG STEP FORWARD R, DRAG L, 9/8 T TRIPLE STEP L, ROCK FORWARD R, RUN DIAGONALLY BACK R/L/R (9:00 7:30)

- 1-2 Big step forward on RF, drag L toe next to RF
3&4 Turn a ¼ T L stepping slightly forward on LF, ½ T L stepping slightly back on RF, 3/8 T L stepping forward on LF (= 1 full turn L + 1/8 T L to end facing the diagonal of 7:30)
5-6 Rock forward on RF*, recover onto LF
7&8 Run diagonally back RF, LF, RF (still facing 7:30)

* Optional arm styling: Spread both arms on each side of your body (count 5)

S4 : FULL TURN L, ½ T L , SWEEP R, CROSS R, 1/8 TURN R BASIC NIGHT CLUB L,SIDE R, FORWARD L, SPIRAL TURN R (7:30 3:00)

- 1-2 Turn ½ T L stepping forward on LF (1:30), ½ T L stepping back on RF (7:30)
3-4 Turn ½ T L stepping forward on LF, step RF across LF sweeping RF from back to front (1:30)
5-6& Turn 1/8 T R stepping LF to L side, step RF behind LF, step LF across RF (3:00)
7-8& Step RF to R side, step forward on LF, spin a full turn R*

*TAG at the end of Wall 5 (facing 3:00): Add the following 4 slow counts : Step R , ½ Turn L , Step R, ½ Turn L

- 1-2 Step forward on RF, turn ½ T L stepping forward on LF
3-4 Step forward on RF, turn ½ T L stepping forward on LF

Start over again facing 3:00