

Ghost

拍数: 64 墙数: 4 级数: Intermediate
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音乐: Ghost - Justin Bieber



S1. Out x2, flick, side, flick, side, behind, step fwd with 1/4 turn

1-2 RF step out, LF step out
3-4 RF flick, RF step to the side
5-6 LF flick, LF step to the side
7-8 RF cross behind LF, LF step fwd with 1/4 turn to the L

S2. step fwd, swivel, recover, kick fwd, step back, kick fwd, step back, touch,

1-2 RF step fwd, heel twist to the R
3-4 heel recover, RF kick fwd
5-6 RF step back, LF kick
7-8 LF step back, RF touch next to LF

S3. rocking chair, step fwd, pivot 1/4, cross, hold & clap

1-2 RF rock fwd, recover
3-4 RF back rock, recover
5-6 RF step fwd, pivot with 1/4 turn to the L
7-8 RF cross in front of LF, hold time & clap

S4. step back with 1/4 turn, step to the side with 1/4 turn, cross, hold & clap, side & touch X2

1-2 LF step back with 1/4 turn to the R, RF step to the side with 1/4 turn to the R
3-4 LF cross in front of RF, hold time & clap
5-6 RF step to the side, LF touch next to RF
7-8 LF step to the side, RF touch next to LF

S5. rumba box fwd, touch, Vine with 1/4 turn, scuff

1-2-3 RF rumba box fwd
4 LF touch next to RF
5-6-7 LF vine with 1/4 turn to the L
8 RF scuff

S6. Vaudeville x2

1-2-3-4 RF vaudeville
5-6-7-8 LF vaudeville

S7. Monterey X2

1-2-3-4 monterey with 1/2 turn to the R
5-6-7-8 monterey with 1/2 turn to the R

S8. stomp out & hold- clap X2, sway X4

1-2 RF stomp out, hold time & clap
3-4 LF stomp out, hold time & clap
5-6 sway to the R, sway to the L
7-8 sway to the R, sway to the L

Téléchargez Outlook pour iOS

