

Don't You Bother

COPPERKNOB
BYEPOSTETS

拍数: 32 墙数: 4 级数: Low Intermediate
编舞者: Malene Jakobsen (DK) & Lennart Gustavsson (SWE) - October 2021
音乐: One Dance, One Rose, One Kiss - The Refreshments : (Album: Very Best of The Refreshments, iTunes)



Intro: 8 counts, 6 seconds into track, dance begins with weight on L

Restart: There are 2 Restarts both after 16 counts, one on wall 3 facing 6.00 and one on wall 6 facing 12.00

[1-8] Out, out, swivel, sailor 1/4, walk walk

1-2 (1) Step out on R, (2) step out on L 12.00
3&4 (3&4) Swivel left heels, toes, heels 12.00
5&6 (5) Cross R behind L, (&) turn 1/4 R stepping L to L, (6) step R to R 3.00
7-8 (7-8) Walk fwd. L, R

[9-16] Mambo 1/2, 1/2, side, 1/4 diamond pattern

1&2 (1) Rock fwd. on L, (&) recover onto R, (2) turn 1/2 L stepping fwd. on L 9.00
3-4 (3) Turn 1/2 L stepping back on R, (4) step L to L 3.00
5&6 (5) Cross R over L, (&) step L to L, (6) cross R slightly behind L turning 1/8 R 4.30
7&8 (7) Step back on L (&) turn 1/8 R stepping R to R, (8) step fwd. on L 6.00

NOTE: Restart here on wall 3 facing 6.00 and on wall 6 facing 12.00

[17-24] Fwd. rock, recover with sweep, behind, 1/4, fwd., fwd. coaster, walk back

1-2 (1) Rock forward on R, (2) recover onto L sweeping R from front to back 6.00
3&4 (3) Cross R behind L, (&) turn 1/4 stepping fwd. on L, (4) step fwd. on R 3.00
5&6 (5) Step fwd. on L, (&) step R next to L, (6) step back on L 3.00
7-8 (7-8) Walk back R, L

[25-32] Coaster cross, Monterey 3/4, point & point, ball, stomp, stomp, clap clap

1&2 (1) Step back on R, (&) step L next to R, (2) cross R over L 3.00
3-4 (3) Point L to L, (4) on ball of R make 3/4 turn L stepping L next to R 6.00
5&6& (5) Point R to R, (&) step R next to L, (6) point L to L, (&) step L next to R 6.00
7& (7) Stomp fwd. on R, (&) stomp fwd. on L 6.00
8& (8&) Clap hands twice

Ending: After having danced the last wall (wall 10) repeat the last half of section 4 (counts 5&6&7&8)

lovelinedance@live.dk
smultronstigen9@hotmail.com