

Plucky Puppet

拍数: 64 墙数: 3 级数: Intermediate
编舞者: Gregory F. Huff (USA) - October 2021
音乐: Marche funebre d'une marionnette (Funeral March of a Marionette) - Peter Breiner & Slovak Radio Symphony Orchestra : (Disney's Silly Classical Songs album))



#14 count intro; dance starts on count 15 at :08 in the song

WIZARD STEPS

- 1-2& Step right foot diagonally forward, cross left behind right, hop your right foot next to your left as you lift your left foot
- 3-4& Step left foot diagonally forward, cross right behind left, hop your left foot next to your left as you lift your right foot
- 5-6& Step right foot diagonally forward, cross left behind right, hop your right foot next to your left as you lift your left foot
- 7-8& Step left foot diagonally forward, cross right behind left, hop your left foot next to your left as you lift your right foot

SIDE, BEHIND, & HEEL & CROSS (2X) &

- 1-2& Step right foot to the right side, cross left behind right, step right next to left
- 3&4 Touch left heel to the left side, step left, cross right over left
- 5-6& Step left foot to the left side, cross right behind left, step left next to right
- 7&8& Touch right heel to the right side, step right, cross left over right, step right foot slightly right

CROSS, SIDE, BEHIND SIDE CROSS, ROCK & ¼ RIGHT TURN SAILOR STEP

- 1-2 Cross left over right, step right foot to the right side
- 3&4 Cross left foot behind right, step right foot to the right side, cross left in front of right
- 5-6 Rock to the right as you step right foot to the right side, rock left placing weight on left foot
- 7&8 Step right foot ¼ turn right behind your left foot, step left next to right, step right slightly forward

SYNCHOPATED WALK, BACKWARD HEEL SWIVELS

- 1-2 Touch ball of your left foot forward as you quickly jab your left elbow out horizontally to the left side, drop your left heel as you quickly drop your left arm down on your left side
- 3-4& Touch ball of your right foot forward as you quickly jab your right elbow out horizontally to the right side, drop your right heel as you quickly drop your right arm down on your right side, on the ball of your left foot swivel your left heel out to the left
- 5&6& Swivel your left heel back to the right as you bring your left heel down, drag the ball of your right foot on the ground slightly backward as you swivel your right heel to the right, drag the ball of your right foot slightly backward while you swivel your right heel back to the left as you bring your right heel down, drag the ball of your left foot on the ground slightly backward as you swivel your left heel to the left,
- 7&8& Drag the ball of your left foot on the ground slightly backward while you swivel your left heel to the right as you bring your left heel down, drag the ball of your right foot on the ground slightly backward as you swivel your right heel to the right, drag the ball of your right foot slightly backward while you swivel your right heel back to the left as you bring your right heel down, drag the ball of your left foot on the ground slightly backward as you swivel your left heel to the left

BUMP HIPS HIGH, BUMP HIPS LOW

- 1&2& Raise your arms over your head as you pump your fists up and down for the next 4 counts while you swivel your left heel to the right and bump your hips right, swivel your left heel to the left as you bump your hips to the left, swivel your left heel to the right and bump your hips right, swivel your left heel to the left as you bump your hips to the left
- 3&4& Swivel your left heel to the right and bump your hips right, swivel your left heel to the left as you bump your hips to the left, swivel your left heel to the right and bump your hips right, swivel your left heel to the left as you bump your hips to the left,
- 5&6& Bend forward slightly as your lower your arms horizontally in front of you and pump your fists forward and back for the next 4 counts while you swivel your left heel to the right and bump your hips right, swivel your left heel to the left as you bump your hips to the left, swivel your left heel to the right and bump your hips right, swivel your left heel to the left as you bump your hips to the left,
- 7&8& Swivel your left heel to the right and bump your hips right, swivel your left heel to the left as you bump your hips to the left, swivel your left heel to the right and bump your hips right, swivel your left heel to the left as you bump your hips to the left,

¼ TURN RIGHT SYNCHOPATED WALK, ROCKING CHAIR

- 1-2 Step ball of left foot ¼ turn left, bring left heel down
- 3-4 Step ball of right foot backward, bring right heel down
- 5-6 Rock forward as you step forward on your left foot, rock back on your right foot
- 7-8 Rock backward as you step your left foot backward, rock forward on your right foot

STEP, ½ TURN, SHUFFLE (2X)

- 1-2 Step left foot forward, pivot ½ turn right on the ball of each foot
- 3&4 Step left foot forward, step right foot next to left, step left foot forward
- 5-6 Step right foot forward, pivot ½ turn left on the ball of each foot
- 7&8 Step right foot forward, step left foot next to right, step right foot forward

STEP TOUCH, STEP KICK, ¼ TURN LEFT MARCH, CLAP, CLAP

- 1-2 Step left foot forward, touch right toe backward
- 3-4 Step on right foot, kick left foot forward
- 5-6 Step left foot ¼ turn left, step right next to left
- 7&8 Step left foot next to right, clap twice. Weight should be on left foot.

Repeat, add a bounce to your step & have fun!!

RESTART

On wall 3, complete counts 1-20, then restart dance at 1:37 in the song.

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