

Planet Soul

拍数: 32 墙数: 4 级数: Beginner
编舞者: Heather Jayne Endall (AUS) - October 2021
音乐: Planet Soul - Wayne Beckford : (Spotify, iTunes etc.)



#16 Count Introduction - No Tags - No Restarts

Section 1: Toe Tap, Step x 2 Heel Tap x 2

1,2,3,4 Tap R toe to R diagonal, recover, tap L toe to L diagonal, step on L
5,6,7,8 Tap R heel to R diagonal, step on R, Tap L heel to L diagonal, step on R

Section 2: Step side, Slide, Rock, Recover, Cross Rock, Recover, Chasse

1,2,3,4 Step R to side, slide L into R, Rock back on L, Recover on R
5,6,7&8 Rock fwd on L, Recover on R, Step to side, Step R into L (&) Step L side (Chasse)

Section 3: Cross Rock, Recover, ¼ Forward Shuffle, Step, Pivot 1/2, ¼ Side (12.00)

1,2,3&4 Cross Rock R over L, Recover L, Turn ¼ over R Stepping R Fwd, Step L into R (&), Step R
fwd (Shuffle) (3.00)
5,6 Step fwd on L, Pivot ½ over R (9.00)
7,8 ¼ over R stepping L to side, Drag R towards L (12.00)

Section 4: Sailor Step x 2, Paddle 1/8, Paddle 1/8 x 2 (9.00)

1&2, Step R behind L, step L side (&) Step R and side
3&4, Step L behind R, step R side (&) step L side (Sailors)
5,6,7,8 Touch R fwd, Turn 1/8 over L weight on L, Touch R fwd, Turn 1/8 over L weight on L (9.00)

Start Again

Ending: You will be facing 9.00 on count 28. Execute the 2 paddle turns but with ½ and ¼ to finish FRONT

5,6 Touch R fwd, Turn ½ over L on L weight on L (3.00)
7,8 Touch R fwd, Turn ¼ over L on L weight on L (12.00)
