

Ghost

拍数: 80 墙数: 2 级数: Phrased Intermediate (Jive + NC)
编舞者: Mike Liadouze (FR) - October 2021
音乐: Ghost - Justin Bieber



Introduction: 32 counts (on lyrics) - Sequence: ABB ABBBBB

Part A (64 counts):

[1-8] R KICK x2, R BEHIND, L POINT SIDE, SLOW BODY ROLL BALL STEP, R TOUCH

1-2 Kick RF over LF, Kick RF diagonally forward R ↗
3-4 Cross RF behind LF, Point LF side angling body to R ↗
5-6 Body roll from shoulders down (2 counts)
&7 Step RF together, Step LF side
8 Touch RF together

[9-16] R FWD, HOLD, ¼ L, L CROSS TRIPLE, SPIRAL FULL TURN R, R FWD

1-2 Step RF forward, HOLD
3&4 ¼ turn L... CROSS LF over RF, Step RF sur place, CROSS LF over RF (9:00)
5-6-7 Spiral full turn R... weight on LF hooking RF over LF (3 counts) (9:00)
8 Step RF forward

[17-24] L DIAGONALLY BACK, R TOUCH, R DIAGONALLY BACK, L TOUCH, L OUT, R OUT, SWIVET

1-2 Step LF diagonally back L ↙, Touch R together
3-4 Step RF diagonally back R ↘, Touch L together
5-6 Step LF out, Step RF out
7-8 Weight L ball/R heel swivel R ↗↗, Swivel back feet parallel weight on LF

[25-32] R FWD w/ SWEEP, ½ R, L BACK w/ SWEEP, BACK ROCK

1-2-3 Step RF forward sweeping LF forward (3 counts)
4-5-6 ½ turn R... Step LF back sweeping RF back (3 counts) (3:00)
7-8 Rock step RF back, Recover on LF forward

[33-40] R FWD, R POINT SIDE, L FWD, L POINT SIDE, R CROSS, L BACK, R OUT, L OUT w/ ARMS

1-2 Step RF forward, Point RF side
3-4 Step LF forward, Point LF side
5-6 Cross RF over LF, Step LF back
7-8 Step RF out straightening R arm side down ↘, Step LF out straightening L arm side down ↙

[41-48] ¼ L PROPOSING R HAND FWD, R FLICK, SLOW STEP TURN ½ L

1-2 ¼ turn L... Raise R arm forward parallel to floor palm facing down (2 counts) (12:00)
3-4 Flick RF back, step RF forward
5-6-7 ½ turn L... (3 counts) (6:00)
8 Transfer weight on LF forward

[49-56] TURNING BOX STEP

1-2 Step RF side, Drag LF together
3-4 ¼ turn L... Step LF side, Drag RF together (3:00)
5-6 ¼ turn L... Step RF side, Drag LF together (6:00)
7-8 ¼ turn L... Step LF side, Drag RF together (9:00)

[57-64] R CROSS, ¼ R, L BACK, R INDEX FWD, R POINT BACK, R SLOW BACK ROCK w/ FINGER

1-2 Cross RF over LF R hand on chest (« I »), ¼ turn R... Step LF back (« Want ») (12:00)
3-4 Point R index forward (« You »), Point RF back with R index on R temple (« To »)

5-6-7 Slowly transfer weight on RF back with R index making a circle down (« Know »)
8 Recover weight on LF forward

Part B (16 counts 2x slower):

[1-8] R FWD w/ SWEEP, L RUN, R RUN, L CHECK, R BACK w/ DRAG, BACK, ½ R, R FWD, ½ R w/ ARABESQUE, SWAY (LRL)

1 -2& Step RF forward sweeping LF forward, Step LF forward, Step RF forward

3-4 Rock step LF forward torquing chest L reaching R arm forward, Big step RF back dragging LF together

5&6 Step LF back, ½ turn R... Step RF forward, ½ turn R... on RF with arabesque L leg or L hitch (12:00)

7&8 Sway L side, Sway R side, Sway L side

Musical option on lyric « Ghost of you » : Make waves with your arms to the side (LRL) as you sway

Musical option on lyric « Ecstasy » : Replace sways by full body shake caressing body with both hands from hips up

[9-16] R CROSS, L SIDE, R TOGETHER, L CROSS, ¼ L, R BACK, ½ L, L FWD, ¼ L, R BASIC NC, L SIDE, SPIRAL ½ R, R SIDE, L TOG

1&2& Cross RF over LF, Step LF side, Step RF together, Cross LF over RF

3-4 ¼ turn L... Step RF back, ½ turn L... Step LF forward (3:00)

5-6& ¼ turn L... Big step RF side, step LF together, Cross RF over (12:00)

7-8& Step LF side, Spiral ½ turn R... Step RF side, Step LF together (6:00)

Final : Slowly walk forward toward 6 o'clock wall

Have FUN !!! ☐
