

Next Girl (P)

拍数: 32 墙数: 0
编舞者: Michael Schmidt (DE) - July 2021
音乐: Next Girl - Carly Pearce



Intro: 16 counts (played by local bands)

- Alternative: Blanket On The Ground - Billie Jo Spears [88/176 bpm] (03:31) - 8 counts (played by local bands)

Info: (Mainsong: 16 counts Intro) Start dancing on Lyrics. Start with Inside Hand Hold Position. The Gents inside, Ladies on the outside. Both facing LOD. Opposite Footwork except where noted.

[1-8] Mambo Fwd, Coaster Step, Step-Lock-Step, Step-Turn-Step

1&2 Step Left, Recover onto Right, Step Left beside Right
3&4 Step Right back, Step Left beside Right, Step Right forward
5&6 Step Left forward, Lock Right behind Left, Step Left forward
7&8 Step Right forward, ½ Turn L (weight onto Left), Step Right forward (RLOD)

*7 release Hands on Turn, Gents Left picks up her right Hand after Turn

[9-16] Step-Lock-Step, Step-1/4 Turn-Cross, Weave, Side Rock into 1/4 Turn L

[9-16] (Lady: Side Rock into 1/4 Turn L)

1&2 Step Left forward, Lock Right behind Left, Step Left forward
3&4 Step Right forward, ¼ Turn L (weight onto Left), Cross Right over Left (OLOD)
5&6&& Step Left side, Cross Right behind left, Step Left side, Cross Right over Left
7&8 M: Rock Left side, ¼ Turn left Recover onto Right, Step Left beside Right (LOD)
 L: Rock Right side, ¼ Turn left Recover onto Left, Step Right beside Left (RLOD)

*4 change Hands into Double Hand Hold facing partner;

*7 keep Hands low; *8 right hands right in front of partners, right shoulder on right shoulder

[17-24] Pinwheel Turn (1/2 Turn on Walk, Walk, Shuffle),

M: 1/2 Turn on Walk, Walk, Shuffle (Lady: Full Turn in front of Man)

1-2 (start Pinwheel: 1/2 Turn right on place) Step Right, Step Left
3&4 Step Right forward, Step Left beside R, Step Right forward (RLOD)
5-6 (finish Pinwheel on 2nd 1/2 Turn right) Step Left, Step Right
 L: ½ Turn L Back Right, ½ Turn L stepping Left forward (LOD)
7&8 Step Left forward, Step R beside Left, Step Left forward

*5 release Gents Left and her right Hand, raise Hands over Ladies Head on Turn (Ladies Turn in front of Gents);

*7 back into Inside Hand Hold

[25-32] Run (3x), Rock Forward, Rock Side, Coaster Step, Step-Lock-Step

1&2 Run R-L-R forward
3&4&& Rock Left forward, Recover onto Right, Rock Left side, Recover onto Right
5&6 Step Left back, Step Right beside Left, Step Left forward
7&8 Step Right forward, Lock Left behind Right, Step Right forward

.... hold your girl, smile & have fun