

Before Sadness Comes

COPPER KNOB
STEP SHEETS

拍数: 96 墙数: 4 级数: Phrased High Beginner
编舞者: Hye Soon Choi (KOR) - October 2021
音乐: Before Sadness Come (슬퍼지려 하기전에) - COOL (쿨)



Intro: 32 Counts

Sequence: B A(×8)CB A(×4)B

Part B(32 Counts)

[Sec. 1] Diagonal Forward Suffle(R,L), Diagonal back Suffle(R,L)

1&2 Step forward on RF to R diagonal, Close LF Behind RF, Step forward on RF to R diagonal
3&4 Step forward on LF to L diagonal, Close RF Behind LF, Step forward on LF to L diagonal
5&6 Step back on RF to R diagonal, Close LF Behind RF, Step back on RF to R diagonal
7&8 Step back on LF to L diagonal, Close RF Behind LF, Step back on LF to L diagonal

[Sec. 2] Diagonal Forward Suffle(R,L), Diagonal back Suffle(R,L)

1&2 Step forward on RF to R diagonal, Close LF Behind RF, Step forward on RF to R diagonal
3&4 Step forward on LF to L diagonal, Close RF Behind LF, Step forward on LF to L diagonal
5&6 Step back on RF to R diagonal, Close LF Behind RF, Step back on RF to R diagonal
7&8 Step back on LF to L diagonal, Close RF Behind LF, Step back on LF to L diagonal

[Sec. 3] Walk Forward(R, L, R, L), Side-Hitch(×2)

1 2 Step forward on RF, Step forward on LF
3 4 Step forward on RF, Step forward on LF
5 6 Step RF to R, Hitch R Knee
7 8 Step RF to R, Hitch R Knee

[Sec. 4] Walk Back(R, L, R, L), Side-Hitch(×2)

1 2 Step backward on RF, Step backward on LF
3 4 Step backward on RF, Step backward on LF
5 6 Step RF to R, Hitch R Knee
7 8 Step RF to R, Hitch R Knee

Part A(32 Counts)

[Sec. 1] Step Vine R, L

1 2 Step RF to R, Cross LF behind RF
3 4 Step RF to R, Touch LF next to RF
5 6 Step LF to L, Cross RF behind LF
7 8 Step LF to L, Touch RF next to LF

[Sec. 2] Rock & Recover, Together(×2)

1 2 Step forward on RF, Recover onto LF
3 4 Step back LF, Step LF next to RF
(1C~4C : making a square with both hands)
5 6 Step forward on RF, Recover onto LF
7 8 Step back LF, Step LF next to RF

[Sec. 3] Step Forward-Touch Side(×2), Step Back-Touch Side(×2)

1 2 Step forward on RF, Touch LF toe to L
3 4 Step forward on LF, Touch RF toe to R
5 6 Step backward on RF, Touch LF toe to L
7 8 Step backward on LF, Touch RF toe to R

[Sec. 4] Jazz box Turn 1/4, Kick, back, Side, Together

1 2 Cross RF over LF, Step back on LF
3 4 Making a 1/4 turn R, Step forward on LF
5 6 Kick RF Fwd, Step RF next to LF
7 8 Hop outside and inside

(Only 2Wall(3:00), 4Wall(9:00) 5C~8C Big Step×2)

5 6 diagonal RF to R, Step LF next to RF
7 8 diagonal LF to L, Step RF next to LF

Part C(32 Counts)

[Sec. 1] Diagonal R Press(×2), Diagonal L Press(×2)

1 2 Press RF Diagonal
3 4 Press RF Diagonal
5 6 Press LF Diagonal
7 8 Press LF Diagonal

[Sec. 2] Pivot 1/2, Rock & Recover, Side(Hip Roll R-L)

1 2 Step forward on RF, Turn 1/2 L
3 4 Step forward on RF, Recover onto LF
5 6 7 8 Step RF to R(While hip rolling from R to L)

[Sec. 3] Diagonal R Press(×2), Diagonal L Press(×2)

1 2 Press RF Diagonal
3 4 Press RF Diagonal
5 6 Press LF Diagonal
7 8 Press LF Diagonal

[Sec. 4] Pivot 1/2, Rock & Recover, Hop×4

1 2 Step forward on RF, Turn 1/2 L
3 4 Step forward on RF, Recover onto LF
5 6 7 8 Hop(×4)(Keeping your hands up)

Ending: Facing 12:00

Have Fun!

Contact: molajinzza@naver.com

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