

Not Simple Things (LDFWW 2021)

COPPER KNOB
BY SHEETS

拍数: 32 墙数: 2 级数: High Improver
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音乐: Simple Things - Teddy Swims : (iTunes etc.)



One Easy tag of 4counts.

Introduction: 8 counts slow, start approx 07 sec.

Part 1. [1-8] Syncopated Weave R with Step Sweep R, Cross, Side, Back Rock R, ½ Turn L, Back Rock L.

1,2& Step Rf to R (1), Step Lf behind Rf (2), Step Rf to R (&).
3 Step Lf fwd and sweep Rf From back to front (3).
4& Step Rf across Lf (4), Step Lf to L (&).
5,6& Rock Rf back (5), Recover back onto Lf (6), Make ¼ turn L (9.00) step Rf back (&).
7,8 Rock Lf back (7), Recover back onto Rf (8).

Part 2. [9-16] Runs Fwd L, R, L ¼ Turn, R Recover with Sweep L, L Behind with Sweep R, Weave L, L Recover, R Side & Cross.

1&2 Make ¼ turn L (6.00) Stepping Lf fwd (1), Stepping Rf fwd (&), Stepping Lf fwd (2).
3 Recover back onto Rf and sweep Lf from front to back (3).
4 Step Lf behind Rf and sweep Rf from front to back (4).
5&6 Step Rf behind Lf (5), Step Lf to L (&), Step Rf across Lf (6).
7&8 Recover back onto Lf (7), Step Rf to R (&), Step Lf across Rf (8).

Part 3. [17-24] Basic Nightclub R with ½ Sweep Turn to R, Weave L, L Recover, R Side, L Step Lock Step Fwd.

1,2& Step Rf to R (1), Dtag Lf together Rf (2), Step Rf across Lf (&).
3 Make ½ turn R (12.00) step Lf slightly back and sweep Rf from front to back (3).
4&5 Step Rf behind Lf (4), Step Lf slightly to L (&), Step Rf across Lf (5).
6& Recover back onto Lf (6), Step Rf slightly to R (&).
7&8 Step Lf fwd (7), Lock Rf behind Lf (&), Step Lf fwd (8).

Part 4. [25-32] Basic Nightclub R with ¼ Sweep Turn to R, Weave L, L Recover, R Side with ¼ Turn R, L Big Step Fwd, Knee Rise R with Arm Movement.

1,2& Step Rf to R (1), Dtag Lf together Rf (2), Step Rf across Lf (&).
3 Make ¼ turn R (3.00) step Lf slightly back and sweep Rf from front to back (3).
4&5 Step Rf behind Lf (4), Step Lf slightly to L (&), Step Rf across Lf (5). 6&7,8 Recover back onto Lf (6), Make ¼ turn R (6.00) step Rf slightly to R (&), Step Rf big fwd and (put R hand up with spread fingers), (put L hand up with spread fingers) and make with both hands a fist and flexed your both biceps from both arms over two counts down and pull with both hands down and rise R knee up (7,8).

(NB: 4 count tag here ending wall 5, after 32 counts, after start again 6 o'clock).

TAG: 1-4 R Side, L Sailor Step, R Touch Beside with Arm Movement.

1,2&3,4 Step Rf to R (1), Step Rf behind Lf (2), Step Rf to R (&), Step Lf to L (3), Touch Rf beside Lf (4).

On the above counts 3-4 rise both hands up with hand palms up to ceiling.

REPEAT THE DANCE AND HAVE FUN!!