

# Pressure Down Improver

**COPPER KNOB**  
BY STEPHEN

拍数: 32                      墙数: 4                      级数: Improver  
编舞者: Annemaree Sleeth (AUS) - October 2021  
音乐: Pressure Down - John Farnham : (Greatest Hits - iTunes)



Note I have written this for the students at Sherbrooke U3a Melbourne Australia.  
To Teach ½ pivot turns , shuffles and different vine

#32 Count Intro Begin on Words "Set" the wheels in motion,

## S 1 (1 - 8) K STEP,

1-2                      Step Diag Right Forward, Touch Left Beside Right  
3-4                      Step Diag Left Back,, Touch Right Beside Left  
5-6                      Step Diag Right Back, Touch Left Beside Right  
7-8                      Step Diag Left Forward, Touch Left Beside Right

## S 2 (9 -14) VINE, RECOVER, BEHIND ¼ WALK, R SHUFFLE

1-2                      Step Right Side, Cross Left Slightly Behind Right  
3-4                      Step Right Side, Recover Left  
5-6                      Cross Right Behind Left, Turn ¼ Left Step Left Forward  
7&8                      Step Right Forward, Step Right Beside Left, Step Right Forward (9.00) ending \*

## S 3 (17 - 24) STEP ½ L PIVOT STEP, SHUFFLE STEP ½ R PIVOT STEP, SHUFFLE

1-2                      Step Left Forward, Pivot ½  
3&4                      Step Left Forward, Step Right Beside, Step Left Forward  
5-6                      Step Left Right, ½ Pivot Right  
7&8                      Step Right forward, Step Left Beside Right , Step Right Forward

## S 4 (25 -32) SIDE, TOGETHER, SIDE TOUCH, HIP BUMPS X 3 TOUCH

1-2                      Step Left Side, Step Right Beside Left  
3-4                      Step Left Side, Touch Right Beside Left  
5-6                      Step Right Side Bump Hips Right, Bump Hips Left,  
7-8                      Bump Hips Right , Bump Hips Left Holds

Add sharp Hip Bumps and Hands above your head ON THE FAST LAST BEATS ON 1-2 Hips R, L  
3&4&                      R, L, R L syncopated

Ending Wall 12 Facing 3.00 Dance up to ¼ Vine , Shuffle Forward

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Watch The Video On Annemaree Sleeth Youtube (Frederina521)