

Talk About

拍数: 64 墙数: 2 级数: Phrased Easy Intermediate
编舞者: Helene Pedersen (NOR) - October 2021
音乐: Talk - Daya



#1 Restart

Phrasing: A*A B B C A B B C A B B C

A: 32 counts

(1-8) Heelgrind,coaster,toestrut,press,3/4shuffle.

- 1-2 L heel fwd, 1/2L Rf back. (6.00)
3&4 Lf back, Rf beside Lf, Lf fwd.
5&6 R toe fwd to R diagonal and R hip fwd, step down on Rf, press ball of Rf fwd.
7&8 ¼ L Lf fwd, ¼ L Rf beside Lf, ¼ L Lf fwd. (9.00)

(9-16) Dorothy, locksteps, step ½ turn,1/1triple.

- 1-2& Rf fwd to R diagonal, Lf lock behind Rf, Rf fwd. (10.30)
3&4 Lf fwd to L diagonal, Rf lock behind Lf, Rf fwd. (7.30)
5-6 Rf fwd, ½ L Lf fwd. ((1.30)
7&8 ½ L Rf back, ½ L Lf fwd, Rf fwd. (1.30)

Restart here on the 1st wall.

(17-24) Step fwd Lf,Rf,mambo,step back Rf,Lf,1/8sailor.

- 1-2 Lf fwd, Rf fwd,
3&4 Lf rock fwd, recover to Rf, Lf back.
5-6 Rf back, Lf back.
7&8 Rf behind Lf, 1/8 R Lf beside Rf, Rf fwd. (3.00)

(25-32) Shuffle,1/4chasse',points and hitches.

- 1&2 Lf fwd, Rf beside Lf, Lf fwd.
3&4 Rf step R, Lf beside Rf, ¼ R Rf fwd. (6.00)
&5&6 Lf beside Rf, Rf point R, Rf beside Lf, Lf point L.
&7&8 Hitch Lf, Lf beside Rf, Rf point R, hitch Rf.

B: 16 counts

(1-8) Press,coaster,locksteps.

- 1-2 Ball of Rf press fwd, recover to Lf.
3&4 Rf back, Lf beside Rf, Rf fwd.
5-6 Lf fwd, Rf lock behind Lf
7&8 Lf fwd, Rf lock behind Lf, Lf fwd.

(9-16) Rockstep,3/8sailor,pivotx2,sways.

- 1-2 Rf rock fwd, recover to Lf.
3&4 Rf behind Lf, 3/8R Lf beside Rf, Rf fwd. (10.30)
5-6 ½ L weight on Lf, ½ R recover to Rf.
7&8 1/8 R Lf to L sway, sway R, sway L. (12.00)

C: 16 counts

(1-8) ¾ paddle,flick,wiggle.

- 1-4& Rf point R, ¼ L Rf point R, ¼ L Rf point R, ¼ R Rf point R, flick Rf. (9.00)
5-8 wiggle wiggle end on Rf.

(9-16) ¾ paddle,flick,wiggle.

1-4& Lf point L, ¼ R Lf point L, ¼ R Lf point L, ¼ R Lf point L, flick Lf. (6.00)
5-8 wiggle wiggle end on Rf.

HAVE FUN
