

Little Jack (小杰克) (zh)

COPPER KNOB
STEPPERS

拍数: 48 墙数: 4 级数: Phrased Intermediate
编舞者: Oliver Neundorf (DE) - 2021年09月
音乐: Little Brown Jack - Rascal & Mc Lane : (Album: Honky Tonk Of Life)



Note: The dance begins after 27 beats with the start of the singing

注: 27节拍后, 随着歌声的开始, 舞蹈开始

Sequence: AB, Tag; ABB, Tag; A, Tag; BBB, Tag; A, A *, Ending

序列: AB, 标签; ABB, 标签; A, 标签; BBB, 标签; A, A *, 结尾

Part / Part A (1 wall)

A1: Shuffle back, coaster step, point & point & point-pivot $\frac{1}{4}$ r-hook

部分 / A 部分 (1 面墙)

A1: 洗牌, 过山车步骤, 点和点和点枢轴 $\frac{1}{4}$ r 钩

- 1 & 2 step backwards with right - put left foot on right and step backwards with the right
3 & 4 step backwards with left - put right foot on left and small step forward with left
5 & Tap right toe on right and right foot on left foot
6 & Tap left toe on the left and place left foot on right foot
7 & 8 Tap right toe on the right - $\frac{1}{4}$ turn to the right on both balls of the feet, weight at the end on the left, and right foot in front of left cross your shins (3 o'clock)
1 & 2 向右后退 - 将左脚放在右边 向右后退
3 & 4 向左后退 - 将右脚放在左侧 左手向前一小步
5 & 用右脚敲击右脚尖, 用左脚敲击右脚
6 & 左脚尖在左边, 左脚放在右脚上
7 & 8 轻拍右侧的右脚趾 - 在两个球上向右转动 $\frac{1}{4}$ 脚, 重量在左侧, 右脚在左前方 交叉你的小腿 (3 点钟)

A2: Shuffle forward, shuffle forward turning $\frac{1}{2}$ r, rock back, step, pivot $\frac{1}{4}$ l

A2: 向前移动, 向前移动 $\frac{1}{2}$ r, 向后摇动, 步, 枢轴 $\frac{1}{4}$ l

- 1 & 2 step forward with right - put left foot on right and step forward with your right
3 & 4 $\frac{1}{4}$ turn clockwise and step left with left - right foot to the left, $\frac{1}{4}$ turn to the right and step forward, back with left (9 o'clock)
5-6 step backwards with the right - weight back on the left foot
7-8 step forward right - $\frac{1}{4}$ turn counterclockwise on both balls, weight at the end on the left (6 o'clock)

(End for A *: The dance ends after '5-6' - direction 9 o'clock; at the end dance the end sequence)

- 1 & 2 向右迈步 - 将左脚放在右边, 然后向前迈步 你的权利
3 & 4 $\frac{1}{4}$ 顺时针转, 左脚-右脚向左走 向左, 向右转 $\frac{1}{4}$ 并向前走, 向左向后 (9 点钟方向)
5-6 右脚后退步 - 重心放在左脚上
7-8 右转步 - 在两个球上逆时针转 $\frac{1}{4}$ 圈, 重量 在左边的尽头 (6点钟)

(A *结尾: 舞蹈在'5-6' - 9点钟方向后结束; 最后舞蹈结束序列)

A3: Step, pivot $\frac{1}{2}$ l, walk 2, Mambo forward, coaster step

A3: 步, 旋转 $\frac{1}{2}$ l, 走 2, Mambo 向前, 过山车步

- 1-2 step forward with right - $\frac{1}{2}$ turn to the left on both balls, weight at the end on the left (12 o'clock)
3-4 2 steps forward (r - l) (Option: $\frac{1}{2}$ turn to the left and step backwards with right - $\frac{1}{2}$ turn to the left and step forward with left)
5 & 6 step forward with right - weight back on left foot and step backwards with the right
7 & 8 step backwards with left - put right foot on left and small step forward with left

- 1-2 向右向前迈大步 - 两个球都向左 ½ 转重量为 左边的尽头(12点钟)
- 3-4 向前 2 步 (r - l) (选项: 向左 ½ 转并后退一步 向右 - 向左 ½ 转, 向左向前迈大步)
- 5 & 6 向右迈一步 - 重心放在左脚上并迈步 向右向后
- 7 & 8 向左后退 - 将右脚放在左侧, 向左向前一小步

A4: Kick, kick side, sailor step r + l

A4: 踢, 踢边, 水手步 r + l

- 1-2 kick right foot forward - kick right foot right
- 3 & 4 cross right foot behind left - step to the left with left and weight back on right foot
- 5-6 kick left foot forward - kick left foot left
- 7 & 8 cross left foot behind right - step right with right and weight back on your left foot
- 1-2 右脚向前踢 - 右脚向右踢
- 3 & 4 右脚在左后交叉 - 用左脚和重物向左迈步 回到右脚
- 5-6 左脚向前踢 - 左脚向左踢
- 7 & 8 左脚在右后方交叉 - 向右迈一步, 重量向后 在你的左脚上

Part / Part B (1 wall; starts the 1st time towards 12 o'clock)

B1: Arm movement, slap, clap 2x, rock forward, stomp 2x

Part / Part B (1 面墙; 从 12 点开始第 1 次)

B1: 手臂运动, 拍打, 拍手 2 次, 向前晃动, 跺脚 2 次

- 1-2 cross arms across the chest (right over left) - with both hands clap your thighs sideways
- 3-4 clap twice
- 5-6 step forward with right - weight back on left foot
- 7-8 stomp the right foot next to the left one twice (without changing weight)
- 1-2 双臂交叉在胸前 (右上方) ——双手 侧身拍打你的大腿
- 3-4 拍手两次
- 5-6 右脚向前步 - 重心放在左脚上
- 7-8 右脚挨着左脚踩两下 (不换重量)

B2: Arm movement, slap, clap 2x, rock forward, stomp

B2: 手臂运动, 拍打, 拍手 2 次, 向前晃动, 跺脚

- 1-2 cross arms across the chest (right over left) - with both hands clap your thighs sideways
- 3-4 clap twice
- 5-6 step forward with right - weight back on left foot
- 7 Stamp the right foot 1x next to the left (without changing weight)
- 1-2 双臂交叉在胸前 (右上方) ——双手 侧身拍打你的大腿
- 3-4 拍手两次
- 5-6 右脚向前步 - 重心放在左脚上
- 7 将右脚印在左脚旁边 1 次 (不改变重量)

Tag / bridge (4 wall; starts the 1st time in the direction of 12 o'clock)

Jazz box turning ¼ r, jazz box

标记/桥 (4 墙; 12 点钟方向第 1 次开始)

爵士盒转动 ¼ r, 爵士盒

- 1-2 cross right foot over left - step backwards with left
- 3-4 ¼ turn clockwise and step right with right - put left foot next to right (3 o'clock)
- 5-6 Cross right foot over left - step back with left
- 7-8 step to the right with right - put left foot next to right
- 1-2 右脚跨过左脚 - 左脚后退
- 3-4 ¼ 顺时针转并向右迈一步 - 将左脚放在旁边 右 (3 点钟)
- 5-6 右脚跨过左脚——左脚后退

7-8 向右走步 - 将左脚放在右边

Ending (starts in the direction of 9 o'clock)

Step, ¾ turn l / stomp, hold 3, stomp forward

结束 (9点方向开始)

步, ¾ 转 l / 跺脚, 按住 3, 向前跺

7-8 step forward with right - ¾ turn left on the right ball of the foot (raise left knee) and left foot next to right stomp (12 o'clock)

1-4 Hold [1-3] - stamp right foot forward

7-8 向右前移 - ¾ 右脚球向左转 (抬起左膝左脚靠近右脚(12点钟方向)

1-4 按住 [1-3] - 右脚向前踩踏

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Links, 链接: [linedance-dj-olli@gmx.de] [[https://linedance-dj-olli.de/]
