

# Lost I Livet

COPPERKNOB  
STEPSHEETS

拍数: 32      墙数: 2      级数: Improver  
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音乐: Instruktionsboken - Miss Li



**Intro: Start after 32 counts, weight on L**

## S1. POINT, POINT, SAILORSTEP, POINT, POINT, SAILORSTEP

1-2            Point R fwd, point R to R side  
3&4            Cross R behind L, step L to L side, step R to R side  
5-6            Point L fwd, point L to L side  
7&8            Cross L behind R, step R to R side, step L to L side

## S2. CROSS, 1/4, BACK, TOUCH, FWD TOUCH, BACK TOUCH

1-2            Cross R over L, ¼ turn R step L back  
3-4            Step R back, touch L in front of R  
5-6            Step L fwd, touch R behind L  
7-8            Step R back, touch L in front of R

## S3. 1/4 CHASSÉ, SIDE, SIDE, WALK, WALK, ANCHORSTEP

1&2            Turn ¼ R step L to L side, step R beside L, step L to L side  
3-4            Step R to R side, step L to L side  
5-6            Walk fwd R, L \*

**\* Option on wall 3 and 6: Hold your arms like you're looking for something**

7&8            Cross R behind L, rock fwd L, step slightly back on R

## S4. FULL TURN, COASTERSTEP, TOE HEEL STEPx2

1-2            Turn ½ L step L fwd, turn ½ L step R back  
3&4            Step L back, step R beside L, step L fwd  
5&6            Touch R toe next to L, touch R heel fwd, step R fwd  
7&8            Touch L toe next to R, touch L heel fwd, step L fwd

## TAG: ½ VOLTA TURN R, ½ VOLTA TURN L

1&2&3&4        Make 1/8 turn R step R fwd, step L together, 1/8 turn R step R fwd, step L together, 1/8 turn R step R fwd, step L together, 1/8 turn R step R fwd  
5&6&7&8        Make 1/8 turn L step L fwd, step R together, 1/8 turn L step L fwd, step R together, 1/8 turn L step L fwd, step R together, 1/8 turn L step L fwd

**Options: Hold your arms like you're looking for something**

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