

Sempre Sempre

拍数: 48 墙数: 2 级数: Beginner
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音乐: Sempre sempre - Al Bano & Romina Power



STEP, LOCK, STEP, TOUCH (2x)

- 1 RF step right slightly diagonal fd
- 2 LF lock behind R
- 3 RF step right slightly diagonal fd
- 4 LF touch together
- 5 LF step left slightly diagonal fd
- 6 RF lock behind L
- 7 LF step left slightly diagonal fd
- 8 RF touch together

CHASSE 3x, CROSS, TOUCH

- 9 RF step right
- & LF step together
- 10 RF step right, turn ½ right (6.00)
- 11 LF step left
- & RF step together
- 12 LF step left turn ½ right (12.00)
- 13 RF step right
- & LF step together
- 14 RF step right
- 15 LF cross R
- 16 RF touch right

WALK FORWARD, STEP OUT, HIP BUMPS

- 17 RF step fd
- 18 LF step fd
- 19 RF step out R diagonal
- 20 LF step out L diagonal
- 21 RF bump hip right
- & bump hip left
- 22 bump hip right
- 23 LF bump hip left
- & bump hip right
- 24 bump hip left, take weight on L

JAZZ BOX TURNING ¼ RIGHT (2x)

- 25 RF cross left
- 26 LF step right step back
- 27 RF ¼ turn right step side
- 28 LF step fd (3.00)
- 29 RF cross left
- 30 LF step step back
- 31 RF ¼ turn right step side
- 32 LF Touch together (6.00)

ROLLING VINE , ROCKING CHAIR

- 25 LF ¼ turn left step fd

26 RF ½ turn left step back
27 LF ¼ turn left step side (6.00)
28 RF touch together
29 RF rock fd
30 LF recover weight
31 RF rock back
32 RF recover weight

VINE , ROCKING CHAIR

25 RF step right
26 LF step behind R
27 RF step side
28 LF step over R
29 RF rock fd
30 LF recover weight
31 RF rock back
32 RF recover weight

TAG, after wall 3

1,2,3, walk fd R,L,R
4 touch L to left
5,6,7 walk back L,R,L
8 touch R beside L
