

Ring Ding

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Mark Furnell (UK) & Chris Godden (UK) - October 2021
音乐: Ring Ding (A Scotsman's Story) - Nathan Evans



#8 Count Intro / Approx 4 Secs

[01 - 08]: & Heel Grind, & Heel Grind, & Cross, Side, Touch Behind, Hold

&1-2 Step left beside right, touch right heel over left, grind right heel stepping left to left
&3-4 Step right beside left, touch left heel over right, grind left heel stepping right to right
&5-6 Step left beside right, cross right over left, step left to left
7-8 Touch right behind left, hold

[09 - 16]: ¼ Back Shuffle, ½ Turn Shuffle, Step ½ Pivot, ¼ Side, Drag

1&2 Turn ¼ left step right back, step left beside right, step right back (9:00)
3&4 Turn ½ left step left forward, step right beside left, step left forward (3:00)
5-6 Step right forward, pivot ½ left transferring weight onto left (9:00)
7-8 Turn ¼ left step right to right, drag left towards right (6:00)

[17 - 24]: Cross Rock, Side Shuffle, Cross rock, ¼ Step, ¼ Side

1-2 Cross rock left over right, recover weight onto right
3&4 Step left to left, step right beside left, step left to left
5-6 Cross rock right over left, recover weight onto left
7-8 Turn ¼ right step right forward, turn ¼ right step left to left (12:00)

[25 - 32]: Sailor Step, Sailor Step, & Sweep, Sweep, Ball Step, Hold

1&2 Step right behind left, step left to left, step right to right
3&4 Step left behind right, step right to right, step left to left
5-6 Step back right and sweep left, Step back left and sweep right
&7-8 Step back on ball of right, step left forward, hold

Bridge Here on Wall 5, Dance the bridge then continue from section 5

[33 - 40]: Out, Clap, Out, Clap, Back Pony, Back, ¼ Side, Cross, Hitch Side ¼ Flick

1&2& Step right to right diagonal, clap, step left to left, clap
3&4 Step right back popping left knee, step left beside right, step right back popping left knee
5&6 Step left back, turn ¼ right step right to right, cross left over right (3:00)
&7-8 Hitch right, step right to right, turn ¼ left flick left over right (12:00)

[41 - 48]: ¼ Side Shuffle, ¼ Side Shuffle, Jazzbox

1&2 Turn ¼ right step left to left, step right beside left, step left to left (3:00)
3&4 Turn ¼ right step right to right, step left beside right, step right to right (6:00)
5-6 Cross left over right, step right back
7-8 Step left to left, step right beside left

Bridge After 32 counts of Wall 5

Link arms with the person beside you

Do-Si-Do

1-2 Turn ¼ right step right forward, turn ¼ right step left forward
3-4 Turn ¼ right step right forward, step left forward
5-6 Turn ¼ left step right forward, turn ¼ left step right forward
7-8 Turn ¼ left step right forward, step left forward

