

It's Getting Better

COPPER KNOB
BY STEPHEN

拍数: 40 墙数: 3 级数: Improver
编舞者: Isao Tanahara (JP) & Michael B Jones (UK) - October 2021
音乐: It's Getting Better (Live) - Jane McDonald



Intro: #14 Count - Dance starts approx. 5 seconds in on final cymbal of intro, before vocals start with word 'Once' on count 3 of the dance

Note: Because of the Restarts you will never start the dance on wall 4 (facing 3:00) making this a 3-wall dance!

Section 1: V Step (Forward Out Out, Back In In), Chasse R, Cross Rock

1-2 Step forward slightly out on right (1), step forward slightly out on left, to left side (2)
3-4 Step back in place on right (3), step back in place together on left (4)
5&6 Step right to right side (5), step left next to right (&), step right to right side (6)
7-8 Cross rock left over right (7), recover on right (8)

Section 2: Chasse L ¼ Turn, Pivot ½, ¼ Turn, Behind, ¼ Turn, Step Forward (Figure 8)

1&2 Step left to left side (1), step right next to left (&), ¼ turn left stepping forward on left (2)
3-4 Step forward on right (3), ½ pivot turn left (4)
5-6 ¼ turn left stepping right to right side (5), step left behind right (6)
7-8 ¼ turn right stepping forward on right (7), step forward on left (8)

Section 3: Forward Rock R, Walk Back, Back Rock R, Walk Forward

1-2 Rock forward on right (1), recover on left (2)
3-4 Step back on right (3), step back on left (4)
5-6 Rock back on right (5), recover on left (6)
7-8 Step forward on right (7), step forward on left (8)

Section 4: Pivot ¼, Kick Ball Change, Cross, Side, Sailor 1/8 Turn, Kick Ball Step

1 1/4 pivot turn right (1)
2&3 Kick forward on left - diagonal to right (2), step ball of left foot beside right (&), step right beside left (3)
4-5 Cross left over right (4), step right to right side (5)
6&7 Step left behind right - turning 1/8 to left (6), step right beside left (&), step forward on left (7)
8&1 Kick forward on right (8), step ball of right foot beside left (&), step forward on left (1)

Section 5: Cross, Side, Back Rock, Touch, ¼ Monterey R

2-3 Cross right over left (2), step left to left side, turning slightly right to square up (3)
4-5 Rock back on right (4), recover on left (5)
6 Touch right together (6) (* RESTART)
7-8 Point right foot to right side (7), ¼ turn right touching right beside left (8)

* RESTART: After 38 counts on Walls 3,6 & 9, facing 12:00 (after starting at 6:00)

FINISH on Wall 11 (starting at 9:00) after 32 counts, with a sailor ¼ turn (instead of 1/8) to face 12:00 - and with a hold on count 32 to finish.

Last Update - 23 Oct. 2021-R2