

# Los Dol

COPPERKNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Dian Rose (INA) - October 2021  
音乐: Los Dol - Vita Alvia



Intro: 16 Count.

Do the intro dance before main dance (free style)

**TAG #1 & RESTART**

on Walls 2 after 16 Count

**TAG #1**

End of Walls 4, 6, 11

**TAG #2**

End of Walls 8

**TAG #3**

End of Walls 9

## **SEC. 1 Side, Together, Side Together X2**

1-4            Step R to side - Step L together - Step R to side - Touch L together (12.00)

5-8            Step L to side - Step R together - Step L to side - Touch R together

## **SEC. 2 Rockin Chair, Paddle 1/2 Turn**

1-4            Step R forward - Recover on L - Step R back - Recover on L

5-8            Step R to side - 1/4 Turn L (weight on L) - Step R to side - 1/4 Turn L (weight on L)

**TAG #1 ON WALL 2 AFTER 16 COUNT (V STEP - HIP ROLL) & RESTART**

## **SEC. 3 Cross Rock Recover, Side casse, Cross Rock Recover, Casse 1/2 Turn**

1-2            Rock R Cross Over L - Recover on L

3&4           Step R to side - Close L beside R - Step R in place

5-6            Rock L Cross Over L - Recover on R

7&8           Step L to side - Close R beside L - 1/4 Turn Right Step L forward

## **SEC. 4 Toe Strut - Jazz Box**

1-4            Touch R Toe forward - Step down R heel - Touch L Toe forward - Step down L heel

5-8            Cross R over L - Step L Back - Step R to side - Step L forward

**TAG #1 V STEP, HIP ROLL**

**ON WALL 2 AFTER 16 COUNT**

**END OF WALLS 4, 6, 11**

1-2            Step R forward, Step L forward

3-4            Step R back to centre, Step L next to R

5-8            Make Hip Roll to L side (5, 6) Right Side (7, 8)

**TAG #2 V STEP, HIP ROLL X2**

**END OF WALLS 8**

1-2            Step R forward, Step L forward

3-4            Step R back to centre, Step L next to R

5-8            Make Hip Roll to L side (5, 6) Right Side (7, 8)

**TAG #3 V STEP**

**END OF WALLS 9**

1-2            Step R forward, Step L forward

3-4            Step R back to centre, Step L next to R

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Enjoy the dance

Last Update - 28 Oct. 2021

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