

Don't Stop Me Now

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 4 级数: Improver
编舞者: Ki Ju Kim (KOR) - 7 October 2021
音乐: Don't stop me now (Workout Remix) Power Music Workout



Intro: 60counts

Restarts: -

Wall 4 after 20& counts(facing 9:00),

Wall 6 after 20& counts(facing 6:00)

Note: Enjoy freestyle dance for 40counts after 9wall 36counts. And start the 10th wall(facing 12:00)

S1: Vine Step, Side, Back Touch, Side, Back Touch

1-2 Step RF to R side(1), Step LF behind RF(2),
3-4 Step RF to R side(3), Touch LF beside RF(4)
5-6 Step LF to L side(5), Touch RF behind LF(6)
7-8 Step RF to R side(7), Touch LF behind RF(8)

S2: Side, Behind, 1/4 L Step Forward, 1/2 L Pivot, Cross, Coaster Step

1-2 Step LF to L side(1), step RF behind LF(2)
3-4 1/4 Turn Left Step LF forward(3), Step RF forward(4)
5-6 1/2 Turn Left transferring weight on LF(5), Cross RF over LF(6),
7&8 Step LF back(7), Step RF beside LF(&), step LF forward(8)(9:00)

S3: Syncopated Rocks, Walk, Walk, Forward Shuffle

1-2& Rock RF to R side(1), Recover on LF(2), Step RF beside LF(&)
3-4& Rock LF to L side(3), Recover on RF(4), Step LF beside RF(&)
* (Here on Restarts)
5-6 Step RF forward(5), Step LF forward(6)
7&8 Step RF forward(7), step LF beside RF(&), step RF forward(8)

S4: Forward Rock, Recover, Back Shuffle, Back Touch, 3/4 R Unwind, Side Rock, Recover, Cross

1-2 Rock LF forward(1), Recover on RF(2)
3&4 Step LF back(3), Step RF beside LF(&), Step LF back(4)
5-6 Touch RF behind LF(5), Unwind 3/4 Turn Right weight on RF(6)
7&8 Rock LF to L side(7), Recover on RF(&), Cross LF over RF(8)(12:00)

S5: (Side Rock, Recover, Cross) x2, 1/2 L Paddle Turn

1&2 Rock RF to R side(1), Recover on LF(&), Cross RF over LF(2)
3&4 Rock LF to L side(3), Recover on RF(&), Cross LF over RF(4)
5-6 1/8 Turn Left Touch RF to R side(5), 1/8 Turn Left Touch RF to R side(6),
7-8 1/8 Turn Left Touch RF to R side(7), 1/8 Turn Left Touch RF beside LF(8)(6:00)

Ending: Wall 12 after 20& counts

Enjoy The Dance

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