

Red River Twist

拍数: 64 墙数: 4 级数: Intermediate
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音乐: Red River Rock - Herb Kraus & The Walkin' Shoes



Intro: 16 Counts, *1 Restart. /No Tag.

* Restart on wall 3 after count 48

[S1]: Hip Swivel Right (Travel & Lean), Hip Swivel Left (Travel & Lean)

1-4 Right Side Touch Swivel Hip right, swivel Hip Left (Weight Center), Swivel Hip right (Weight Right), Swivel Hip Left (Weight Right) ,
5-8 Swivel Hip Right, Swivel Hip Left (Weight Center), Swivel Hip Right (Weight Left), Swivel Hip Left & RF Hitch(Weight Left)

[S2]: Lindy x2

1&2,3-4 Step RF To R Side, Together LF(&), Step RF To R Side, Rock LF Back, Recover RF In Place,
5&6,7-8 Step LF To L Side, Together RF(&), Step LF To L Side, Rock RF Back, Recover LF In Place,

[S3]: Slow Jazz Box Turn 1/4 Right (With Shimmy)

1-4 Step RF Forward, Hold, Back LF In Place, Hold
5-8 1/4 Turn R Step RF to R side. Hold, Step forward on L, Hold (3:00)

[S4]: Triple steps x4, Turn 1/2 Left (Arms Move in Freestyle Swim Motion)

1&2,3&4 Step RF To R Side, Step in place Left(&), Step Right (Swim Hand), Turn 1/4 Left Step LF To L Side, Step in place Right(&), Step Left (Swim Hand)
5&6,7&8 Step RF To R Side, Step in place Left(&), Step Right (Swim Hand), Turn 1/4 Left Step LF To L Side, Step in place Right(&), Step Left (Swim Hand).(9:00)

[S5]: Sugar Step, x2, Rock, Recover,

1-3 Touch RF Toe In , Touch RF Heel Out , Cross RF Over LF (Weight to RF),
4-6 Touch LF Toe In , Touch LF Heel Out , Cross LF Over RF (Weight to LF),,
7-8 Rock RF Back, Recover LF In Place

[S6]: Hips Sway & Bend Knee

1-2,3&4 Hips Sway : Right, Left, Right, Left(&), Right
5-6,7&8 Hips Sway : Left, Right, Left, Right(&), Left,

(Weight Change & Circle Hands)

** Restart : On Wall 3, after 44C, change 45-48 to Stomp LF Forward (Weight on LF), hold x3, than restart,

[S7]: Kick x2, Coaster, Kick x2, Coaster

1-2,3&4 Kick RF Forward x2, Step RF Back ,Together LF(&), Step RF Forward ,
5-6,7&8 Kick LF Forward x2, Step LF Back ,Together RF(&), Step LF Forward

[S8]: Jump Forward (Out, Out, Clap), Jump Back (In, In, Clap), Stomp Forward, Hold x3

&1-2,&3-4 Step RF Forward(&), Step LF Left, Hold(Clap), Step RF Back(&), Step LF Together, Hold(Clap)
&5,6-8 Step RF Back(&), Stomp LF Forward, Hold x3 (Weight to LF)

** Change Step : On Wall 5, after 64, (than) Turn 1/4 Right (12:00) do Ending 32C,

** Ending 32C : Repeat last 16 count (49-64) twice

REPEAT

Enjoy and happy Dancing...

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