

Torang Bisa

COPPERKNOB
STEPSHETS

拍数: 96 墙数: 0 级数: Phrased Easy Intermediate
编舞者: Mina Waimuri (INA) & Mei Lestari (INA) - September 2021
音乐: Torang Bisa (feat. Qibah Mansawan) (Official Theme Song PON XX Papua 2021)
- Vien Mangku



Intro 48 counts

Sequence : AB(16) A Tag B CC A Tag BB A(16)

A (32 counts)

A1. WEAVE, TOUCH, WEAVE, TOUCH

1,2 Cross RF over LF, step LF to L
3,4 Cross RF behind LF, touch LF to L
5,6 Cross LF over RF, step RF to R
7,8 Cross LF behind RF, touch RF to R

A2. JAZZ BOX ¼ TURN R, TOUCH, BACK, TOUCH, TURN ½ TO L

1,2 Cross RF over LF, ¼ turn R step LF back
3,4 Step RF to R, step LF forward
5,6 Touch RF forward, step RF back
7,8 Touch LF back, ½ turn L while transferring weight to LF

A3. CROSS ROCK, CHASSE (2X)

1,2 Rock RF over LF, recover on LF
3&4 Step RF to R, close LF next to RF, step RF to R
5,6 Rock LF over RF, recover on RF
7&8 Step LF to L, close RF next to LF, step LF to L

A4. JAZZ BOX CROSS ¼ TURN R, SIDE MAMBO

1,2 Cross RF over LF, ¼ turn R step LF back
3,4 Step RF to R, cross LF over RF
5&6 Rock RF to R, recover on LF, close RF next to LF
7&8 Rock LF to L, recover on RF, close LF next to RF

B (32 counts)

B1. WALK FORWARD, CHASSE, BACKWARD, CHASSE

1,2 Step RF forward, step LF forward
3&4 Step RF to R, close LF next to RF, step RF to R
5,6 Step LF back, step RF back
7&8 Step LF to L, close RF next to LF, step LF to L

B2. WALK FORWARD, TOUCH, BACKWARD, TOUCH

1,2 Step RF forward, step LF forward
3,4 Step RF forward, touch LF to L
5,6 Step LF back, step RF back
7,8 Step LF back, touch RF to R

B3. TOUCH CROSS-SIDE, BOTAFOGO (2X)

1,2 Touch RF over LF, touch RF to R
3&4 cross RF over LF, step ball LF to L, recover on RF
5,6 Touch LF over RF, touch LF to L
7&8 Cross LF over RF, step ball RF to R, recover on LF

B4. PIVOT ½ TURN L (2X), OUT-OUT, IN-IN

- 1,2 Step RF forward, ½ turn L weight on LF
- 3,4 Step RF forward, ½ turn L weight on LF
- 5,6 Step RF to R diagonal forward, step LF to L diagonal forward
- 7,8 Step RF back to center, close LF next to RF

C (32 counts)

C1. FORWARD ROCK, BACK, ½ TURN L, PIVOT ½ TURN L, BRUSH, OUT-OUT

- 1,2 Rock RF forward, recover on LF
- 3,4 Step RF back, ½ turn L step LF forward
- 5,6 Step RF forward, ½ turn L weight on LF
- 7&8 Brush RF forward, step RF to R, step LF to L

C2. HAND MOVEMENTS LIKE SWIMMING, VAUDEVILLE

- 1,2 Straighten R hand forward with your palm facing down, do it with L hand
- 3,4 Turn R hand straight back and keep going down, do it with L hand
- 5&6& Cross RF over LF, step LF to L, touch R heel to diagonal forward, step RF in place
- 7&8& Cross LF over RF, step RF to R, touch L heel to diagonal forward, step LF in place

C3. PIVOT ½ TURN L, HEEL TOUCH, PIVOT ½ TURN L, HEEL TOUCH

- 1,2 Step RF forward, ½ turn L weight on LF
- 3&4& Touch R heel forward, step RF in place, touch L heel forward, step LF in place
- 5,6 Step RF forward, ½ turn L weight on LF
- 7&8& Touch R heel forward, step RF in place, touch L heel forward, step LF in place

C4. STEP DIAGONAL FORWARD, TOUCH (2X), BACK SHUFFLE

- 1,2 Step RF to R diagonal forward, touch LF beside RF
- 3,4 Step LF to L diagonal forward, touch RF beside LF
- 5,6 Step RF back, close LF next to RF, step RF back
- 7,8 Step LF back, close RF next to LF, step LF back

Tag (8 counts) SIDE TOUCH (4X)

- 1,2 Touch RF to R, close RF next to LF
- 3,4 Touch LF to L, close LF next to RF
- 5-8 Repeat

*** In this Tag you can use hand movements with various types of sports such as boxing, martial arts, Volleyball etc**

Keep It Up and Have Fun...
