

Footprints

拍数: 32 墙数: 4 级数: Improver
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音乐: Footprints - Tom Gregory



#32 counts intro

S1 : ROCKING CHAIR, TRIPLE ½ TURN L, POINT BACK, UNWIND ½ TURN L

1-2 Rock Rf forward - recover onto Lf
3-4 Rock Rf backward - recover onto Lf
5&6 Turn 1/4 left stepping Rf to side - close Lf next to Rf - turn 1/4 left stepping Rf back (6:00)
7-8 Touch left toes behind Rf - unwind 1/2 turn left taking weight on Lf (12:00)

S2 : FWD ROCK, ½ TURN R, SWEEP L, CROSS, SIDE, SAILOR HEEL

1-2 Rock Rf forward - recover onto Lf
3-4 Turn 1/2 right stepping Rf forward - sweep Lf from back to front (6:00)
5-6 Cross Lf over Rf - step Rf to side
7&8 Step ball of Lf behind Rf - step Rf to side - touch left heel diagonally left

S3 : BALL CROSS, HOLD, SIDE, BACK, HOLD, BALL CROSS, SIDE ROCK, CROSS

&1-2 Step ball of Lf beside Rf - cross Rf over Lf - hold
&3-4 Small step Lf to side - step Rf behind Lf - hold
&5 Step ball of Lf to side - cross Rf over Lf
6-7-8 Rock Lf to side - recover onto Rf - cross Lf over Rf

S4 : SIDE, DRAG/TOUCH, KICK BALL CROSS, ¼ TURN R, TOGETHER, L TRIPLE FWD

1-2 Long step Rf to side - drag & touch Lf next to Rf
3&4 Kick Lf diagonally left - step ball of Lf beside Rf - cross Rf over Lf
5-6 Turn 1/4 right stepping back on Lf - close Rf next to Lf (9:00)
7&8 Step Lf forward - step Rf beside Lf - step Lf forward

TAG at the end of wall 4, facing 12:00 :

1-2 Step Rf to side - hold
3-4 Turn 1/4 left taking weight on Lf - hold (9:00)

« Croquez la vie à pleines danses ! » Magali Chabret - galicountry76@yahoo.fr - www.galichabret.com
Fiche originale de la chorégraphe. Merci de ne pas modifier ces pas de quelque manière que ce soit.