

# Pride & Fear

COPPERKNOB  
BYEPOSTETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Hiroko Carlsson (AUS) - October 2021  
音乐: Pride & Fear - TheFatRat & RIELL : (Spotify)



(Dance starts on lyrics)

**[S1] Walk-Walk-Walk, Flip Turn 1/2R, Back-Lock-Back, Back Rock**

1 2 3      Walk forward on L-R-L  
4&      Step forward on R, Make a swift 1/2R turn stepping back on L (6:00)  
5&6      Step back on R, Lock L over R, Step back on R  
7 8      Rock back on L, Replace weight on R

**[S2] Fwd, 1/4L, Back, Lock-Back, Back Rock, Fwd, 1/4R**

1 2      Step forward on L, Make a 1/4 turn left stepping R to the side (3:00)  
3 4&      Step back on L, Lock R over L, Step back on L  
5 6      Rock back on R, Replace weight on L  
7 8      Step forward on R, Make a 1/4 turn right stepping L to the side (6:00)

**[S3] Back w/ Slow Sweep, 1/8L Sailor-Fwd, Fwd Rock-Point, Touch Behind-Unwind 5/8R**

1 2      Step back on R sweeping L around over 2 counts  
3&4      Make a 1/8 turn left stepping L behind R, Step R beside L, Step forward on L (4:30)  
5&6      Rock forward on R, Replace weight on L, Point R toe to the side  
7 8      Touch R behind L, 5/8R unwind weight ends on L (12:00)

**[S4] Cross-Side-Cross-Side, Cross Rock, 1/4R-Sweep 1/2R**

1 2      Dip cross R over L, Step L to the side  
3 4      Dip cross R over L, Step L to the side  
5 6      Rock R over L, Replace weight on L  
7 8      Make a 1/4 turn right stepping forward on R, Make a further 1/2 turn right sweeping L around (weight on R) (9:00)

The dance finishes at 12:00 o'clock. No tags or restarts.

Please feel free to contact me if you need any further information. ([hirokoclinedancing@gmail.com](mailto:hirokoclinedancing@gmail.com))  
(updated: 6/Oct/21)