

Achy Breaky Heart

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Laura Rittenhouse (AUS) - October 2021
音乐: Achy Breaky Heart - Billy Ray Cyrus



Start after 16 counts

S1: RAMBLE RIGHT & LEFT

(Start with weight placed evenly on both feet.)

1,2,3,4 Swivel both heels right, Swivel both toes right, Swivel both heels right, Hold
5,6,7,8 Swivel both heels left, Swivel both toes left, Swivel both heels left, Hold

S2: ROCK BACK, TAP HEEL, ROCK FWD, TAP TOE; REPEAT

1,2,3,4 Rock back on R foot, Tap L heel in place, Rock fwd on L foot, Tap R toe in place
5,6,7,8 Rock back on R foot, Tap L heel in place, Rock fwd on L foot, Scuff R fwd

S3: LOCK FORWARD

1,2,3,4 Step R forward, Lock L behind R, Step R forward, Swing L forward
5,6,7,8 Step L forward, Lock R behind L, Step L forward, Touch R beside L

S4: ZIGZAG BACK TO TURN ¼ L

1,2,3,4 Step R back on R diagonal, Touch L beside R, Step L back on L diagonal, touch R beside L
5,6,7,8 Step R back on R diagonal, Touch L beside R, Turning ¼ L step L back on L diagonal (9:00),
Stomp R beside L (placing weight evenly on both feet)