For Always

拍数: 32

级数: Improver

编舞者: Ayu Permana (INA) - October 2021

音乐: For Always - Bouke

Start after 16 counts music intro

SECTION 1. SIDE - BACK - RECOVER - HOLD - FORWARD - CROSS - 1/4 TURN - HOLD (09.00)

- 1-2-3-4 Step L to side Step/rock R backward Recover on L Hold
- 5-6-7-8 Step R forward Step L across R Turn 1/4 left, stepping back on R (09.00) Hold

SECTION 2. COASTER STEP - HOLD - WALK - HOLD (09.00)

- 1-2-3-4 Step L backward Step R next to L Step L forward Hold
- 5-6-7-8 Step forward on R L R Hold

SECTION 3. SWEEP & CROSS - SIDE - BEHIND - HOLD - LIFT KNEE & BEHIND - SIDE - CROSS - HOLD (09.00)

- 1-2-3-4 Sweep L from back to front and step over R Step R to side Step L behind R Hold
- 5-6-7-8 Lift R knee and step R behind
 Step
 to side Cross R over L Hold

SECTION 4. FORWARD - 3/8 TURN - FORWARD - HOLD - 1/8 TURN - SWAY - HOLD (03.00)

- 1-2-3-4 Step/rock L forward Make 3/8 turn left, while recovering weight onto L (04.30) Step L forward Hold
- 5-6-7-8 Step R to side, making 1/8 turn left (03.00) Step/rock L to side Recover on R Hold

REPEAT

TAG: 8 counts Tag at the end of wall 4 (facing 12.00).. Before doing the tag, please change step on count (7-8) of Section 4.. become - Turn 1/4 right, when recovering weight onto R (7).. Now we are facing (03.00) - Hold (8).. Then do the following steps (TAG):

SPOT TURN - HOLD - SIDE - TOGETHER - TRANSFER WEIGHT - HOLD

1-2-3-4 Step L forward - Turn 1/2 right on R (09.00) - Turn 1/4 right, step L to side (12.00) - Hold

5-6-7-8 Step R to side - Step L next to R - Transfering weight onto R - Hold

RESTART - On wall 8 after 28 counts (facing 12.00)

Before doing the restart - please change count (4) of Section 4 into: Turn 1/8 left, stepping R next to L instead of Hold.. Now we are facing (12.00) and restart the new wall from the beginning.

Enjoy and happy dancing ..

Contact: permanaayu@yahoo.com





墙数:4