

A Mi Me Gusta La Vida

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Improver
编舞者: Eva Sapiña (ES) - October 2021
音乐: Me Gusta la Vida - Funambulista



Intro: 8 counts

RESTART ON 5TH WALL AFTER 32 COUNTS, ENDING

[1-8] MAMBO FWD, MAMBO BWD, CROSS, BACK, STEP SIDE, BOTAFOGO

1&2 RF mambo fwd.(1), recover on LF (&), RF together LF (2)
3&4 LF mambo bwd. (3), recover on RF (&), LF together RF (4)
5&6 RF cross over LF (5), LF step bwd. (&), RF step R side (6)
7&8 LF cross over RF (7), RF rock R side (&), recover onto LF (8)

[9-16] CROSS SHUFFLE, ¼ TURN R HITCH, CROSS SHUFFLE, ROCK ½ TURN R, STEP ½ R STOMP

1&2& RF cross over LF (1), LF step L side (&), RF cross over LF (2), turn ¼ R & hitch LF (&) (3:00)
3&4 LF cross over RF (3), RF step R side (&), LF cross over RF (4)
5&6 RF rock fwd. (5), recover onto LF (&), ½ turn R RF fwd. (6) (9:00)
7&8 LF step fwd. (7), ½ turn R (&), LF stomp (8) (3:00)

[17-24] CROSS SIDE CROSS x2, BASIC SALSA x2

1&2 RF cross over LF (1), LF step L side (&), RF cross behind LF (2)
3&4 LF sweep & cross behind RF (3), RF step R side (&), LF cross over RF (4)
5&6& RF step R side (5), LF step together RF (&), RF step R side (6), LF touch near RF (&)
7&8 LF step L side (7), RF step together LF (&), LF step L side (8)

[25-32] MAMBO x2, SAILOR STEP, TOUCH x3, SAILOR STEP

1&2 RF mambo cross over LF (1), recover onto LF (&), RF step R side (2)
3&4 RF step bwd. (3), LF close near RF (&), RF step R side (4)
5&6 LF touch over RF (5), LF touch L side (&), LF touch over RF (6)
7&8 LF step bwd. (7), RF close near LF (&), LF step L side (8)

RESTART HERE ON 5TH WALL

[33-40] PADDLE TURN x3, ¼ TURN L & STOMP, TOE TOUCH & STEP FWD.WITH SHIMMY x4

1& RF touch fwd. making ¼ turn L (1), recover onto LF (&)
2& RF touch fwd. making ¼ turn L (2), recover onto LF (&)
3& RF touch fwd. making ¼ turn L (3), recover onto LF (&)
4 ¼ turn L LF stomp near RF (4) (3:00)
5&6& LF toe touch fwd.(5), LF step in place (&), RF toe touch fwd.(6), RF step in place (&)
7&8& LF toe touch fwd.(7), LF step in place (&), RF toe touch fwd.(8), RF step in place (&) (3:00)

[41-48] PADDLE TURN x3, ¼ TURN R & STOMP, STEP BWD. x4

1& LF touch fwd. making ¼ turn R (1), recover onto RF (&)
2& LF touch fwd. making ¼ turn R (2), recover onto RF (&)
3& LF touch fwd, making ¼ turn R (3), recover onto RF (&)
4 ¼ turn R & LF stomp near RF (4) (3:00)
5, 6 RF step bwd. (5), LF step bwd. (6)
7, 8 RF step bwd. (7), LF step bwd. (8) (3:00)

ENDING: On 6TH wall, after 32 counts you will be looking at 6:00

1-8 PADDLE TURNx3, 1/8 TURN L, STOMP, TOE TOUCH & STEP FWD. WITH SHIMMY x 4
1& RF touch fwd, making 1/8 turn L (1), recover onto LF (&)

2& RF touch fwd. making 1/8 turn L (2), recover onto LF (&
3& RF touch fwd. making 1/8 turn L (3), recover onto LF (&
4 1/8 turn L LF stomp near RF (4) (12:00)
5&6& LF toe touch fwd.(5), LF step in place (&), RF toe touch fwd.(6), RF step in place (&
7&8& LF toe touch fwd.(7), LF step in place (&), RF toe touch fwd.(8), RF step in place (&) (12:00)

ENJOY THE DANCE!!

Last update: 01 October 2021
