# Seven Nights



拍数: 32 墙数: 4 级数: Beginner

编舞者: Georgie Mygrant (USA) - September 2021

音乐: Seven Nights - Mysie



## Intro: 16 counts \*1 Tag at end of wall 4 for 4 c's

## Toe/Heel, Rocking Chair

1-4 R toe fwd. R Heel down, L toe fwd. L heel down

5-8 Step R fwd. Rock back on L, Rock back on R, return fwd. L

#### Jazz Box in Place, Pivot ½ to L

Step R over L, step back on L, Step on R, step on L
Step R fwd. turning ¼ L, step fwd. on R, turning ¼ on L

### V Step

Step R fwd. diagonally, touch L to R, step back L diagonally, step R to L
 Step fwd. L diagonally, touch R to L, step back R diagonally, step on L

## Step R, Step L, turning 1/4 To R

Step R wide, touch L to R, Touch L to L side, touch L to R (4 counts),
Step L wide, touch R to L (2 c's), step R fwd. turning ¼ L, step on L (2 c's)

## That's it! Hope you like it! mygeo@adamswells.com

All easy step to remember. My goal is to make these routines easy for beginners. Easy to catch on to.

<sup>\*1</sup> Tag: Do 1 Out, Out, In, In, and start over. (4 counts)