

Drop It To The Floor

COPPER **NOB**
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Maryloo (FR) - September 2021
音乐: Drop It to the Floor (feat. Nuz Ngatai) - Fletcher Kirkman



No Tag, no Restart

ROCK RECOVER DIAGONAL FWD, SHUFFLE FWD (R & L)

1-2 On right diagonal fwd : Rock R fwd, recover on L
3&4 Shuffle R fwd (R-L-R)
5-6 On left diagonal fwd : Rock L fwd, recover à R
7&8 Shuffle L fwd (L-R-L)

R JAZZ BOX, ¼ TURN R JAZZ BOX

1-4 Cross R over L, step L back, step R to side, step L fwd
5-8 Cross R over L, ¼ turn right stepping L back, step R to side, step L fwd (3.00)

HEEL STRUT, TOGETHER, SIDE, TOUCH (R & L)

1-2 Step R heel to side, drop toes to floor
&3-4 Step L next to R, step R to side, touch L next to R
5-6 Step L heel to side, drop toes to floor
&7-8 Step R next to L, step L to side, touch R next to L

2 SLOW SWIVEL WALKS, 4 QUICK SWIVEL WALKS

1-2 Swivel walk R fwd with R toe out, Hold
3-4 Swivel walk L fwd with L toe out, Hold
5-8 Swivel walks fwd with toes out (R-L-R-L)

Styling : Weight on balls, knees slightly bent, Elbows by waist, hands out and fingers shimmer

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