

Please

拍数: 32 墙数: 2 级数: Easy Intermediate
编舞者: Christine Tyson (AUS) - August 2021
音乐: Please - Elton John



Intro: 32 count Intro - Clockwise direction

[1-8] Rock R back, Replace to L, Rolling Full L Turn Forward R L R, Rock L fwd, Replace to R, 3/8L Shuffle Fwd L R L,

1,2,3&4 Rock back on R, replace to L, turn 1/4 L step R to side (9 o'clock), 1/2 L step L to side (3 o'clock), 1/4 L Step R fwd (12 o'clock),

5,6,7&8 Rock L fwd, replace to R, turn 3/8 L step L fwd, step R beside L, Step L fwd, (7.30)

*** Restart here wall 5 - on count 8 straighten up to the 6 o'clock wall

[9-16] 1/8 R cross R over L, Step L back, R side Shuffle, Tap L back, unwind 180 L, R Lock fwd

1,2,3&4, Turn 1/8 R Cross R over L, step back on L, step R to Side, step L beside R, Step R to Side, (9o'clock)

5,6,7&8, Tap L back, 1/2 L unwind-weight on L, Step R fwd, lock L behind R, Step R fwd (3o'clock)

[17-24] L Rock out, replace, Step L back, R Rock out, replace, Step R back, Large L step back, drag R to wards L, R back Coaster

1&2,3&4, Rock L to L side, Replace to R, step L behind R, Rock R to R side," replace to L, Step R behind L, (3oclock) (Steps 1-4 are done travelling backwards)

5,6,7&8 Large step L back, Drag R towards L, Step R back, Step L beside R, Step R fwd (3oclock)

[25-32] R 1/2 Turning L Toe strut back, R 1/2 Turning R Toe strut fwd, 1/4 R step L to L side and sway hip L, sway R hip, sway L hip, Tap R beside L

1,2,3,4, Travelling over the R shoulder-180deg L toe back, L heel down,180deg step R toe fwd, R Heel down

5,6,7,8, 1/4 R Step L to L side and sway hips L, sway hips R, sway hips L, Touch R beside L. (6 o'clock)

Begin dance again.

***Restart on wall 5 after 8 counts - straighten up to the 6 o'clock on count 8

" The dance ends on wall 14 (6 o' clock). (Section 3 - 17-20) You will be facing 9 0'clock

(1) Rock L out to L side, (&) turn 1/4 Right replacing weight to R, (2) Step L beside Right, (3) Rock R to R side, (&) replacing your weight to the L, (4) then tap Right beside Left, finishing at 12 o'clock