

Standing With You

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Deborah O'Hara (CAN) - September 2021
音乐: Standing with You - Guy Sebastian



(Great Floor Split to Niels Poulsen's Standing With You Tonight)
Dance begins on count 16 - RESTART ON WALL 5 AFTER 16C

STEP R FWD, SWEEP L FT BACK TO FRONT, STEP FWD R, HOLD

1 - 4 Step fwd R crossing lightly over L, Sweep L ft. back to front, Step fwd L crossing slight over R, Hold

ROCK RECOVER, OPEN 1/4 R, OPEN 1/2 R. OPEN 1/2 R INTO A LUNGE, HOLD (6), SHIFT BACK TO L

5 - 10 Rock fwd R, Recover L, Step R open 1/4 R (7) , Lift L pivoting 1/2 R (8), Lift R pivoting 1/2 R into Lunge (9) Hold (10)

11 - 12 Bring weight back to L ft. on 2 counts.

CROSS JAZZ BOX

1 - 4 Cross R over L, Step Back on L, Open side R, Cross L over R

(RESTART HERE ON WALL 5)

NIGHT CLUB 2X

1 - 4 Step open R, Hold (6), Rock back on L to corner or 1:00, Recover to R

5 - 8 Step open L to 3:00, Hold, Rock Back on R corner or 4:00, Recover L staying on angle

STEP FWD R, HOLD, POINT L FWD, PIVOT 1/2 R, STEP FWD L, HOLD, POINT R FWD. PIVOT 5/8 L

1 - 4 Step Fwd R to 4:00, Hold (2), Touch L toe fwd, Pivot 1/2 R to 11:00

5 - 8 Step open L at 11:00, Hold (6) Touch R toe fwd, Pivot 5/8 turn to L

Contact: Deborah O'Hara (Dancing Debbie) dancingdebbie1951@yahoo.ca or FB or Youtube