

Country Soul

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Alain Hoste (BEL) - September 2021
音乐: Country Soul - Liselotte Van Dooren



[1-8] Rock step , coaster step, pivot 1/2 , shuffle

1-2 Rock RF fwd, recover on LF
3&4 Step RF behind, step LF behind next RF, step RF fwd
5-6 Step LF fwd, turn ½ to right
7&8 Step LF fwd, step RF fwd next LF, step LF fwd

[9-16] Point right & point left, heel right & heel left &, rock step ,sailor ¼

1&2& Tap toe RF to right, place back next to LF, Tap toe LF to right, place back next to RF,
3&4& Place heel RF in front, place back next LF, Place heel LF in front, place back next RF
5-6 Rock RF fwd, recover on LF
7&8 Cross RF behind Right turning 1/4 right, Step LF beside RF, step RF fwd

[17-24] Cross point, cross point, rock step shuffle ½

1&2& step LF crossed over RF, Tap toe RF to right
3&4& step RF crossed over LF, Tap toe LF to right
5-6 Rock LF fwd, recover on RF
7&8 ½ Step LF fwd, step RF fwd next LF, step LF fwd

[25-32] Chassé right, back rock, pivot 1/2, shuffle 1/2

1&2 step RF to side, step LF next RF, step RF to right
3-4 rock LF behind, recover on RF
5-6 Step LF fwd, turn ½ to right
7&8 ½ Step LF back, step RF back next LF, step LF back

[33-40] Vine right , scuff, vine left , scuff

1-4 step RF to side , step LF foot back RF , step RF to side , LF scuff
5-8 step LF to side , step RF foot back LF , step LF to side , RF scuff

[41-48] Mambo step front, mambo step behind , side mabo right, side mambo left

1&2 rock RF to front, lift and recover weight on LF, step RF back in place
3&4 rock LF to behind, lift and recover weight on RF, step LF back in place
5&6 rock RF to right, lift and recover weight on LF, step RF back in place
7&8 rock LF to right, lift and recover weight on RF, step LF back in place

[49-56] Side rock behind side cross, side rock behind ¼ step

1-2 rock RF to side, recover on LF
3&4 step RF behind LF, step LF to side, Step RF cross over LF
5-6 rock LF to side, recover on RF
7&8 step LF behind RF, step RF 1/4 to right, Step LF fwd

[57-64] Pivot shuffle , pivot shuffle

1&2 Step RF fwd, turn ½ to left
3&4 Step RF fwd, step LF fwd next RF, step RF fwd
5-6 Step LF fwd, turn ½ to right
7-8 Step LF fwd, step RF fwd next LF, step LF fwd

Tag after wall 2 ,4 ,5

[1-8] side rock cross shuffle , side rock cross shuffle

1-2 rock RF to side, recover on LF
3&4 step RF cross over LF, Step LF to left, step RF cross over LF
5-6 rock LF to side, recover on RF
7&8 step LF cross over RF, Step RF to right, step LF cross over RF
